

# Resource update for the COVID-19 outbreak



09/04/2020

Please see below this week's resources; click the hyperlinks to access. Wishing you a Happy Easter from all at Compass BUZZ.



### Easter 5 Ways to Wellbeing

Use this resource to focus on wellbeing as a family at Easter. There is a scavenger hunt, a Detective Egg activity and lots more ideas!



### Coronavirus: A Book for Children

Axel Scheffler has illustrated a digital book for children, free for anyone to read on screen or print out, about coronavirus and the measures taken to control it.



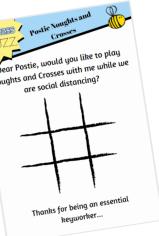
### Wellbeing Logic Puzzle

Problem solving is a great way to build resilience and to achieve a sense of accomplishment.



#### Postie Noughts and Crosses

A lovely way to connect with a key worker in the community and to give a child a sense of purpose in bringing a smile to someone's face.



## **NHS Every Mind Matters**

General guidance on staying well during this time which may be useful for parents and carers themselves.



The Government have shared guidance regarding online educational resources for schools and parents.

