



Sherburn High School

December 2017 Newsletter



Achievement for all...

Tel: 01977 682442

Email: admin@sherburnhigh.co.uk

Website: www.sherburnhigh.co.uk

Address:

Garden Lane
Sherburn In Elmet
Leeds
LS25 6AS

Twitter: @sherburnhigh



MESSAGE FROM THE HEADTEACHER



Dear Parents and Students,

Since the last newsletter we have had a busy period with students, particularly in Year 11 taking GCSE mock examinations. This is of course a prelude to more of the same in February when our Post 16 students also get involved. Over recent years there has been a huge shift to the end of course examination model and I would like to really emphasise the importance of students preparing well and getting their revision 'nailed' over the Christmas holiday.

This is the time of year when we really encourage our young people to reflect on people both locally and globally who live in difficult circumstances. One thing (of many) that really impresses me about the students here at Sherburn High is their desire to make a difference by getting involved with charitable activities. This year again each of our houses has nominated a charity and the students are working hard to raise money through a variety of enterprising activities. In addition, over the last few weeks, our students have been producing and distributing hampers for the elderly in our local community.

School attendance is something we take very seriously at Sherburn High. If students are not here they cannot learn! I would like to thank parents very much for their support in ensuring that their children are in school as much as possible. As a consequence of our collective 'push' I am delighted to report that average attendance this term has been 96.4%, up from last year. Well done everyone! Uniform is also particularly good and I would like to thank all students and parents for their support in ensuring everyone looks smart with their shirts tucked in!

I am particularly delighted to be able to share with you the recently published A level data (Level 3 Valued Added) that measures the progress students make in the Sixth Form: our score of +0.30 will potentially place us in the top 4% of all schools nationally and puts us as the number one Sixth Form provider in the local area. It was wonderful to see so many Year 11 students and their families at our Sixth Form open evening; taster A level lessons are planned for the end of term and we are delighted with the high number of students who intend to continue their studies with us.

I would like to finish by thanking the Friends of Sherburn High School for all the support they give us through their fundraising. The recent "Accessorize" evening was a tremendous success and raised over £500 for the school. FOSH members, staff and students also supported at the South Milford Bonfire and raised funds for school. I appreciate very much the work that people put in to make these events happen for the benefit of our students and is another measure of the strength of our community. Please also see our "Easy Fundraising" drive and if you have a clear out over the holidays do send into school any unwanted clothes/shoes for our "Rag Bag" collection!

I would like to thank the many staff who organise visits and trips for Sherburn students – they go above and beyond to enrich the children's lives. I know it is disappointing if a trip is full and your son/daughter does not get a place but I would really appreciate it if we could celebrate the increasingly wide range of extra-curricular activities offered by staff and refrain from any negative complaints to trip leaders.

To conclude I would like to thank everyone for their support this year, it is very much appreciated. Have a great Christmas and here's to a really successful 2018 for Sherburn High School.

Maria Williams

A handwritten signature in cursive script that reads 'M A Williams'.

Headteacher

Dates For Your Diary

December

Wednesday 20th December
Thursday 21st December

Year 11 Taster Days

Friday 22nd December

Students break up for Christmas Holidays at 12pm

January

Monday 8th January

Students return to school

Friday 12th January

Year 8 Reports Issued

Friday 19th January

Year 11 Reports Issued

Tuesday 23rd January

Y8 Parents' and Options evening

February

Friday 2nd February

Year 7 Reports Issued
Bramham Charity Day

Thursday 8th February

Year 7 Parents' Evening

Friday 9th February

Student break up for February Half Term

Governors News

As the year draws to a close, I am writing this as my last message to you all as Chair of Governors at Sherburn High. I have been amazingly proud to be part of the school's journey since 2010 when I became a member of what was then the shadow governing body which was appointed following a period of turbulence in governance.

I then went on to be part of the full governing body and became Chair of Governors in 2013 until last week. I am stepping down for a number of reasons, firstly because I feel the school is now in an amazing place and it is important for new governors to have a chance to take it further; secondly, my two younger children are due to start at the school and I would really love to be just a parent for a bit. Probably most importantly, I am now going to concentrate on the collaboration with other local schools who currently form the STAR alliance and hope to progress to form the STAR MAT in due course.

I would like to thank all the staff of Sherburn High School for the support they have shown me as Chair of Governors and for the dedication they have demonstrated towards the progress the school has made over the last few years. It truly has been a pleasure to be part of the school and to observe their dedication and inspirational teaching first-hand.

In particular I have enjoyed working with Maria Williams and the Senior Leadership Team who are frankly amazing people, they have shown so much resilience when things have not gone to plan but always have the interests of the students at the heart of everything they do. I am more than confident that under the guidance of Maria, the school will go from strength to strength.

In terms of governance, I leave a fabulous group of people under the chairmanship of Mark Saunders who has been a key member of the governing body for some years now and who I know will help to ensure its continued success. I would like to express my sincere thanks to all the governors new and old who have been such a great team to work with – we all have different strengths and I could not have managed without each and every one of them.

I will miss having direct involvement with the school but will watch the continued progress both from the STAR point of view and as a parent with great interest and wish everyone all the best both for a wonderful Christmas and for the future.

Clare Thornton-Eckford
Chair of Governors



Kaitlin's Fun Run

Harry Mitchell, brother of Kaitlin, recently organised a fun run in memory of his sister and to raise funds for a rose garden in the village where they live. It was a very cold but bright day on Saturday 9th December, despite this, over fifty people turned up to take part in the four mile run which began at Byram Parish Hall and went to Fairburn and back.

Bacon butties, hot dogs, cakes and hot drinks were supplied by the villagers and over £450 was raised on the day, a remarkable amount towards the cause. Harry said 'It was a brilliant day, especially when so many people turned up, we had a fun run but I'm really tired!'



Our very own Mrs Oakes is a published author!

We are very proud to announce that Mrs Oakes, Associate Assistant Headteacher and Transition Leader, has had extracts from her article below, published in the educational magazine 'Leader' by ASCL the Association of School Leaders. Mrs Oakes works exceptionally hard to ensure that students from primary school have an extremely smooth transition into high school as is explained in the full article below. Well done Mrs Oakes!



'We know that transition can be both an exciting yet worrying time for children and parents alike. With this in mind we have worked hard to create a comprehensive transition package that provides support from the moment parents and children are allocated to the school. From a series of parents' meetings to bespoke visits for vulnerable students, parents and students are supported every step of the way.

During the spring term the Transition Leader and Inclusion Leader visit the child's Year 6 teacher to discuss the needs of every student, both academically as well as socially and emotionally. This information is then disseminated to the relevant members of staff at the high school to ensure that every student and their needs are known to staff before they begin.

In the summer term, our innovative three-week transition programme begins in the final weeks of the school year. During this time, students complete transition activities such as tours of the school, getting to know staff and school rules and team-building activities to get to know one another. Our new Year 7 students spend the majority of that time in timetabled lessons (the rest of the School roll over at this time too). This means that students return in September ready to pick back up with their learning and they do not have to worry about learning about their new school's systems and rules.

We also recognise that transition is a yearlong process, not one that ends when students start back in September. All Year 7 students and parents are supported by an experienced pastoral team, including a House Achievement Leader and the Transition Leader.

We have found that for children, staff and parents, this has proven to be a successful model of transition. No longer do children spend the summer break worrying about the move to high school. Indeed, they spend the time with the new friends that they have made during transition and come back to school in September already feeling that they are part of our school family.'

Mrs Oakes (Associate Assistant Headteacher, Sherburn High School)



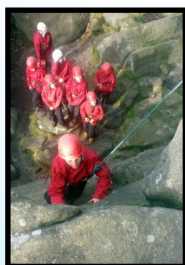
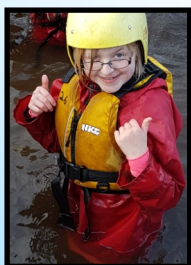
Adrenalin Junkies!

On 31st October, seventy two Year 7 students took part in the annual transition residential to Beverley Park Outdoor Education Centre in the heart of Nidderdale. The aim of the visit was for students to get to know each other and to improve their teamwork skills.

These skills were put to the test in a range of difficult tasks and activities such as the Leap of Faith, Jacob's Ladder and the brand new Zip Wire based at the centre. In addition to activities based at Beverley Park, the groups were shuttled to various locations around Nidderdale to complete other tasks designed to help them conquer their fears and improve their teamwork skills. These included mountain biking in Gisburn Forest, rock climbing at Brimham Rocks, mine exploring at the former lead mine at Gillfield, canoeing on the Ripon Canal and gorge walking at How Stean Gorge and Blayshaw Gill.

It was an excellent trip and all students were brilliant ambassadors for Sherburn High School. It was good to see students really push themselves to their limits, and to show great teamwork and leadership skills by helping each other when some of them found the activities a little too challenging.

Mr Featherstone, Geography Teacher and Trip Leader.



Diversity Drop Down Day

Our first Drop Down Day of the year took place on Tuesday 5th December. The theme of the day was Diversity – a topic that students have been preparing for through tutorial and assemblies throughout the year so far. Taking our lead from the social media outcry over the recent Tesco Christmas advertisement, we discussed diversity in advertising and what our ideals are in this area. Students considered different types of adverts – those that were both diverse and those that were not. Fabulous discussions and debates ensued and students really spoke from the heart and showed great levels of maturity in discussing what can be a difficult topic. The final task of the day was to produce a diverse advert of their own to show what they had both discussed and learned during the day. Members of the Senior Leadership Team and House Achievement Leaders viewed winning adverts from all forms. The four winning adverts (one from each house) really captured the purpose and learning of the day. Huge and well deserved congratulations to all staff and students and to the winning form combinations: Bramham 2, 8 & 9. Harewood 2 & 8. Lotherton 8 and Newby 4, 6 & 3.

Mrs Oakes (PSHCE Coordinator)



Crystals and Fizz!

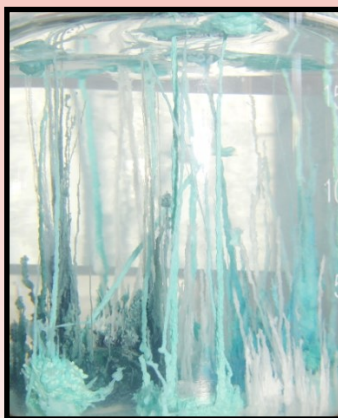
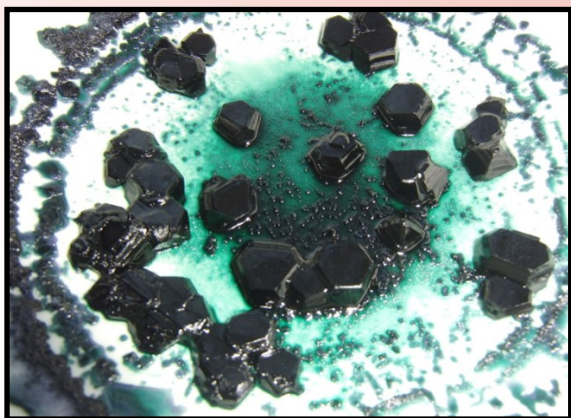
How can Christmas be just around the corner? It seems like it was only yesterday that the Big Bang Club were celebrating Guy Fawkes Night investigating how fireworks get their bright colours by flame testing metal salts, burning magnesium and enjoying a sparkler or two.



Since then club members have made solutions and grown crystals of all shapes, sizes and colours from dark nearly black looking multangular chromium potassium sulphate, to feathery green copper chloride and the cubic white crystals of sodium chloride. They have then used these crystals and others to grow some ethereal crystal gardens and some whopping copper sulphate crystals.

The past few weeks have been spent getting into the festive spirit, it has been full swing growing crystal snowflakes to decorate the science department, some Christmas fizz – making bath bombs amongst other seasonal activities including the science Christmas quiz.

If you are intrigued by our activities and are in **Year 7 or Year 8** why not pop along to **Lab 7, Wednesday lunchtime at 12:30pm** and join in the Science fun



Christmas is coming! Easy Fundraising for Sherburn High

Did you know that whenever you buy anything online - from your weekly shop to your annual holiday - you could be collecting free donations for Sherburn High School?

There are over 3,000 shops and sites on board ready to make a donation, including Amazon, John Lewis, Aviva, thetrainline and Sainsbury's – it doesn't cost you a penny extra!

It's as easy as 1, 2, 3...

1. Head to <https://www.easyfundraising.org.uk/causes/sherburnhigh/> and join for free.
2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping.
3. After you've checked out, that retailer will make a donation to your good cause for no extra cost whatsoever!

There are no catches or hidden charges and Sherburn High School will be really grateful for your donations.

Thank you for your support.

Collect FREE funds for us every time you shop online

easyfundraising feel good shopping



Visit the link below to start raising donations for us every time you shop online, it won't cost you a penny.

As fundraising for all

<https://www.easyfundraising.org.uk/causes/sherburnhigh/>

Choose from over 3,300 shops

John Lewis ebay amazon.co.uk Argos Booking.com
JUST EAT sky ASDA Expedia.co.uk ASOS

Baking for charity!

In November, Lucy Iliffe, Hannah Thirsk and myself, Lucie Thomas held a bake sale in the library to raise money for Candlelighters and Children in Need. We raised £50, £25 for each charity. We chose Candlelighters as it is a charity that means a lot to us. We know a young girl who had cancer and was helped by the charity, she is much better now thanks to Candlelighters. A very dear friend of our mothers loved to run and that was the last charity she ran for before she sadly died of cancer. We thought it was a very fitting charity to raise money for.

Lucie Thomas, Year 8.



Boys will be Brilliant!

This term's tutorial focus has been Diversity. Within this our students spent time looking at gender stereotyping in the media which seems like a good time to remind you all that the progress of boys continues to be a key focus for Sherburn High School. Boys at Sherburn do perform better than national averages across all Key Stages (something we are very proud of), yet a gap between boys and girls persists.

At home, many of you will be experiencing some of the challenges that supporting teenage boys with their learning can present. With both my teacher and parent hat on, I have recently been reading 'Raising Boys' by Steven Biddulph. I would highly recommend adding this to your Christmas wish list if you want to better understand the inner workings of your son's brain and body.

In the meantime, here is a refresher with some top tips to support teenage boys with their learning at home:

- Promote a healthy breakfast and a drink every morning - **by not eating until 10.30am we have the reaction speeds of a 70-year-old!**
 - Improve independence and responsibility by not doing menial tasks for him. Encourage making lists to support personal organisation - **the male mind works in a linear style.**
 - The importance of **positive** male role models who are **actively involved and supportive** of his education cannot be overestimated for teenage boys - **these do not necessarily have to be family to be effective.**
 - Challenge socially accepted stereotypes of what being a boy means - **phrases like 'Man Up' and 'Take it like a Man' are not always helpful for a boy's self-esteem.**
 - Has he got an adequate pen to write with? - **Boy's motor skills are not as developed as girls at school age so a suitable pen is vital for good writing.**
 - Make time to read together, even if only for 5 minutes a day - **reading could include a comic, sports report, news article, and magazines.**
 - Display work, postcards, positive reports, certificates etc. somewhere prominent in the house - **boys are too easily given attention for negative reasons because they are boys, they need more praise than girls.**
 - Talk **with**, **not at** him about his learning.
 - Short term goals, short term targets, short term rewards = **boys striving for success.**
- Use Show my Homework to support your son complete homework on time and to a high quality standard.

In January, we will be running a Parent Workshop on strategies to support teenage boys with their learning. This will be open to all parents of boys in any year group so please keep your eyes peeled for further details on this.

David Sladen, Associate Assistant Headteacher

Join the Sherburn Ocean Rescue Team

Meeting every Thursday
lunch in Rm18 (starting 14th
December).

- Learning about the human destruction of our oceans
- Watching films/documentaries
- Planning whole school actions to support the cause (display boards, fundraising, raising awareness etc.)



GEOGRAPHY DEPARTMENT

Post 16 news

Open Evening - Post 16 recently held an open evening to showcase the fantastic range of opportunities available to Year 11 students if they stay on in Sixth Form. It not only presented all the subjects available to sixth formers but was also a chance to see what life in sixth form was like. Brilliant talks were held about Russell group universities and how staying on in sixth form can benefit you in terms of applying to university. We found it a fabulous opportunity to show off our amazing opportunities and facilities and we hope it helped Year 11s in making their mind up on their next steps!



Parents Evening - Parents evening was another great success for Sixth Form with lots of parents attending to see how great the students are settling in and doing. A fabulous opportunity to show parents how well their children are doing in terms of their UCAS university applications.

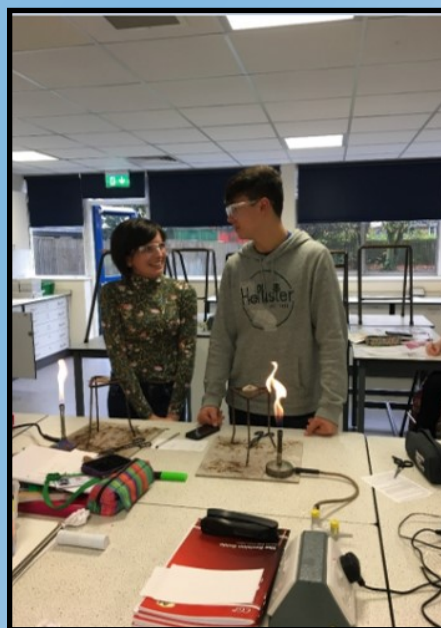
Work Experience - Sixth Form has seen the launch of work experience for Year 12 students. Working alongside NYBEP, we are hoping to find some fitting placements for all students so they have a chance to experience life in their future working environment.

Athelstan Challenge - After school on Fridays, Sixth Form have been hosting a teacher student football tournament which is a chance for the boys to show off their skills and beat the teachers! It's also been a good opportunity for the Year 12 and 13 boys to integrate and join together as a team to beat the teachers. It's at a current draw but the boys are hoping for a swift overtake on the league table!

Charity Day - Sixth Form held a charity day to support Children in Need. We held bake sales, raffles and nail painting in a bid to raise as much money as we could. It was a fabulous success and we would like to thank all students for donating. We raised a whopping **£789.60** for a great cause!

University Fair - Year 12 recently took a trip to Elland Road to visit a university fair. This was a brilliant opportunity for students to look at different universities and the variety of courses available, and it was a guide to the next steps to take.

World Challenge - There's an exciting World Challenge opportunity for Year 12s to go on an expedition to Sri Lanka in 2019. We hope as many students as possible will get on board this once in a lifetime opportunity and enjoy every aspect of it.



Looking Forward - Thrilling times are ahead as most Year 13s have now sent off their UCAS applications or have begun looking at apprenticeships. Some students have even had all five offers back! At a time full of interviews, acceptances and hard work, there's a buzz of excitement in Sixth Form as we're giving everyone all the support in the world to get them to where they want to go in their next steps.

Report by Caitlin Ross, Year 13



Library News

Celebration of Reading

Each year, following the Summer Reading Challenge, we hold our celebration of reading event which is an opportunity for me to congratulate students for being outstanding readers. It's my favourite time of year and this year, many of our Year 7 students were rewarded for their hard work with a free book, certificate and a library goody bag. Our top reading ambassadors were awarded Amazon vouchers in recognition of their outstanding contribution to promoting reading for pleasure and their commitment to Read to Succeed. It was a lovely occasion, we enjoyed discussing reading choices over refreshments and welcomed Mrs Williams, Miss Jackson, Mr Sladen and Mrs Oakes who came to congratulate students, present certificates and share in the celebration.

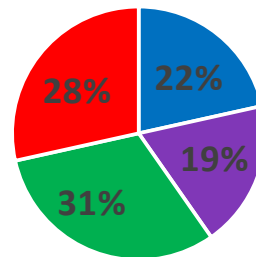
Mrs Hannam
Librarian



Who's leading the reading?

Lotherton is still leading the reading but by a narrower margin than last half term. Newby is creeping ever closer to Lotherton, increasing their reading share from 26% to 28%, fantastic effort Newby. Harewood have dipped by 2% which has been Newby's gain and Bramham remains the same this term. Keep up this competitive spirit, it's great to see you all putting in so much effort to your reading!

Well done Lotherton, you really are still awesome readers!



■ Bramham ■ Harewood ■ Lotherton ■ Newby

Inspire your child to read

Check out some of these websites for inspiration and advice:
www.lovereadings4kids.co.uk — features recommendations, age categories, book of the month, author profiles.
www.booktrust.org.uk — top tips for encouraging children to read, engaging reluctant readers, book recommendations.
www.readingagency.org.uk—links with public libraries, reading and writing tips, reading groups, improving literacy skills.

Christmas stocking suggestions:



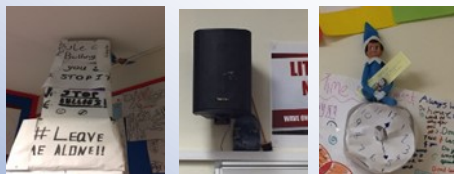


Bramham House

House Leader - Mrs A Liversidge
Achievement Co-ordinator - Miss K Williamson
andrea.liversidge@sherburnhigh.co.uk



Students and Staff in Bramham wish you all a happy and well-deserved, restful Christmas.
The Christmas buzz is across the house with Bert the Bramham Elf – spreading Bramham Christmas cheer wherever he appears. So far, the following have been lucky enough to receive a well-deserved visit:



Special recognition:

Sophie Newbould – Independently arranged and partook in a sponsored silence for Children in Need.

Ms Dennis – For her outstanding effort of the previous months organising the Christmas concert and up and coming school production – We Will Rock You.

Golf Crazy!

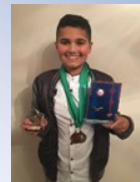
Congratulations to Bramham's golfers who are achieving great success at Scarthingwell Golf Club!

Elizabeth Varley - Awarded an Outstanding Achievement Award for her own progress in golf this season and also how she has helped the juniors at the Scarthingwell Academy.

Prash Veerasamy - Awarded a golfing scholarship at

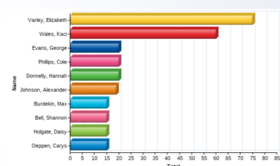
Scarthingwell Golf Club.

Harry Varley was awarded his trophy for the Captain's competition at Scarthingwell's presentation evening



Libby Chadwick – For her continual hard work and outstanding attitude to learning across all subjects. A fantastic role model to students and staff alike.

I am proud to announce the house have voted **Sam Lister** and **Shannon Bell** as our Executive Student Leaders



A huge well done to the 64 students in Bramham who have 100% attendance this term, it's been a term of stomach bugs, flu and tonsillitis but students have shown their resilience in dodging some of the ailments.



Newby House

House Leader - Mrs J Smith
Achievement Co-ordinator - Miss K Williamson
jill.smith@sherburnhigh.co.uk



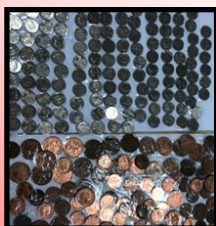
As we draw towards the end of the winter term, dark nights, cold weather and Christmas are just around the corner and what a busy term we've had!

Well done to all our Newby students still on 100%

Adam Allison, Byron Booker, Reece Booker, Arthur Bray, Finn Brennan, Ruby Broadhurst, Jessica Burke, Matthew Childs, Matthew Clayton, Zoe Craven, Jack Crawford, Joe Crick, Joshua Dale, Kai Edwards, Raine Edwards, Harry Glover, Emma Mitchell, Charlie Keedy, Olivia Goode, Ben Grayson, Katie Greaves, Lucy Green, Millie Griffiths, Sasha Hardcastle, Amy Hawes, Ryan Hill, Taylor Jeffries, Charlie Keedy, Jack Knowles, Joshua Knowles, Natalia Kowalska, Adam Lax, Brandon Lovell, Aaron Maddock, Emma Mitchell, Libby Page, Bailey Richardson, Spencer Roberts, Eddie Slough, Isobel Spink, Amber Tasker, Josh Thurrell, Chloe Walters, Bradley Ward, Carys Ward, Vinny Ward, Fintan Wheelhouse, Ellis Wilmore, Georgina Young.

Newby Charity Day

Yet again we are still known as a caring/ sharing house, raising money for our house charity Cancer Research. Our Charity committee organised this year's Charity day in October, again raising over £1,000.

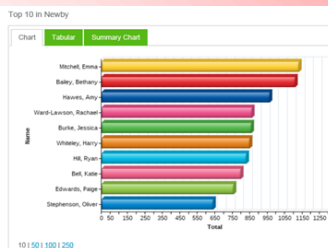


Newby students sold raffle tickets, did glitter tattoos, N4 organised fill a page with coins, made cakes to sell on our Charity Day, carried out

sponsored silences, N9 organised the Sweet Tombola and N7&8 organised a penalty shoot out! Well done and thank you to everyone who made a massive effort, especially Mr Featherstone who stepped in at the last minute as the goal keeper!

Congratulations to Newby sports ambassadors, **Mia Newton**, **Amy Hawes**, **Alex Oliver** and **James Steele**.

I would also like to introduce this year's Student Leaders below:



Finally, I would like to take this opportunity to wish all Newby students and families a Happy Christmas and a fabulous New Year!



Lotherton House

House Leader - Miss E Wadsworth
Achievement Co-ordinator - Miss K Williamson
emma.wadsworth@sherburnhigh.co.uk



I would like to start by saying congratulations to those students who were nominated into the deputy Head Boy and Girl positions and those chosen to stand on the Executive Council.

There were some amazing speeches from students running for the executive council role and I was extremely proud of all who put themselves forward for the position; delivering a speech to the whole house is a pretty daunting thing and they all achieved this in a mature, informative and in some cases, a very passionate way. Well done all who took part. I would like to pass on my congratulations to Jordan Rosindale, Lotherton 3, who became Deputy Head Boy and Lauren Barnett also of Lotherton 3 who became Deputy Head Girl; how amazing that we once again have a deputy head boy and girl from the House of Lotherton! A huge well done also to Billie Lund and Zack Scriven (both members of Lotherton 2) who were nominated by their peers to sit on the Executive Council.

The weeks are flying and all forms across the four houses are busy bringing items to make up hampers to be distributed to care homes in our area. A huge effort goes in to the hampers every year from organising, wrapping and motivating all of our registration groups but it is such a worthy cause and students rise to the challenge magnificently!

Special mentions:

Neave Romans - recently began training with the Leeds United Shadow Squad every Friday evening in Woodlesford. Neave has told me how much she enjoys the team building training and is excited about the new kit they received last week. Neave is training hard and looking forward to next year when she will find out if she has been chosen to play in the league team. Good luck Neave.

Livia Lentner and **Leila Betteridge-Townend** have both been very busy this past year with their gymnastics; enjoying a weeklong trip to Paris to perform. Last weekend Livia travelled to Warrington to participate in competition, she performed a solo, floor and vault routine, although she didn't come away with any medals this time, she is looking forward to her next competition. Both girls are currently working on a new routine in their display team, they're doing this along to The Blue's Brothers, I'm sure the performance will be brilliant.

Hannah Wales - Has just achieved her Green and Yellow belt at the Chuldown Martial Arts club here at Sherburn High, she is now working towards her blue belt. Well done Hannah, keep working hard and it will pay off!

Vivos! Well done everyone, keep up the good work and asking for those Vivos, unfortunately, Harewood seem to have shot passed us in the House league tables, let's have one final push before the celebration assemblies early next year to see if we can close the gap a little.

The next couple of weeks are set to be busy ones: this week our year 11's have been sitting their mock exams and I wish them all the best of luck.

Our House Charity day was Friday 15th December (Please see separate article.)

I wish you all a very Happy Christmas, a restful holiday, and a Happy New Year! See you in 2018 Lotherton.



Harewood House

House Leader - Mrs L Geldard
Achievement Co-ordinator - Miss K Williamson
lorraine.geldard@sherburnhigh.co.uk

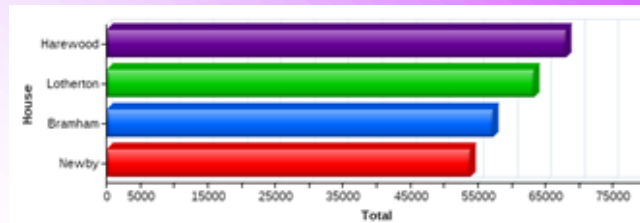
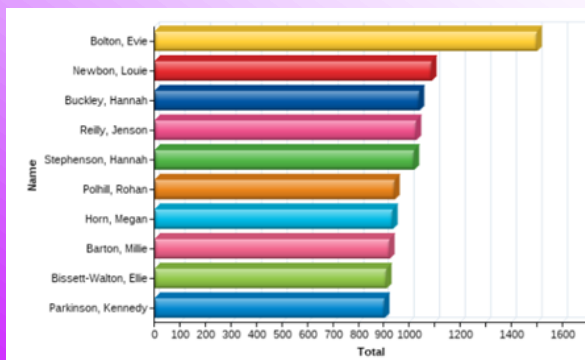


As the year comes to an end and Christmas draws nearer, students are getting involved in bringing food and gifts to fill our Christmas Hampers these will be presented into the community just before we break up. Any donations will be gratefully received.

Our School Christmas dinner is on 20th December, it's a great festive occasion where students come together and enjoy the spirit of Christmas.

Well done to the 69 Harewood students still with 100% attendance, a fantastic start to a new year; I know how difficult it is to get up in the dark mornings especially when it's cold. Vivos will be awarded by Achievement leader.

Vivos - Top Ten Vivo earners in Harewood:



Celebrating achievements in and out of school:

Jess Plummer and **Libby Murphy** who are both in Year 7 have been selected to train with North Yorkshire County Netball Club! They will be training at Manor School in York every Friday. Fantastic achievement girls well done!



Well done to **Kennedy Parkinson** who took part in the Rotary Masterchef competition, she made vegetable pasta and a strawberry cheesecake which I sure was delicious!



LEEDS UNITED FOUNDATION FEMALE FOOTBALL ACADEMY



Based at Sherburn High School, The Leeds United Foundation offers both football training and academic qualifications specifically for females aged between 16-19 years old. At the Leeds United Foundation Girls Football Academy, students can combine full-time study with a football training schedule and the chance to represent the Leeds United Foundation within a scheduled fixture programme. Each player is given the opportunity to achieve their ambitions both in the classroom and on the pitch, and experience training on a brand new 3G pitch.

The two-year programme is made up of twelve hours of football and performance related units, and nine hours of practical/ training sessions per week plus game time.













Entry requirements:

4 GCSEs at Grade 4+ (or above) including English and Maths, or BTEC Level 2 equivalents and a very keen interest in Football.

Course Content

- Anatomy & Physiology
- Fitness Training and Programming for Health, Sport and Well-being
- Professional Development in the Sports Industry
- Application of Fitness Testing
- Sports Psychology
- Research Methods in Sport
- Development and Provision of Sport and Physical Activity
- Sports Leadership
- Sports Massage
- The Athlete's Lifestyle
- Work Experience in Active Leisure
- Sports Injury Management
- Coaching for Performance
- Practical Sports Performance
- Sports Performance Analysis

Typical weekly Time-Table:

Time	Monday	Tuesday	Wednesday ay	Thursday	Friday	
8.00 – 8.30	Arrival					
8.30 – 9.00	Warm Up	Warm up	Game Day	Warm Up	Warm Up	
9.00 – 9.30	Tactical Development 	Ball Work 		Light Training Session 	Technical Development 	
9.30 – 10.00		Tactical Development 		Video Analysis Session 	Physical Conditioning 	
10.00 – 10.30						
10.30 – 11.00						
11.00 – 11.30	Physical Conditioning 	Football Specific Training 		Independent Study 	Football Specific Training 	
11.00 – 12.00					Recovery 	
12.00 - 13.00	Lunch			Lunch		
13.00 – 13.30	BTEC	BTEC		BTEC	BTEC	
14.00 – 14.30						
14.30 – 15.00						

Assessment:

The course is continuously assessed internally with an additional exam and 2 externally assessed units. The BTEC qualification is graded Distinction, Merit or Pass. The assessments can take many different forms including assignments, case studies, project work, presentations, time constrained assessments and observations.

Equipment provided (worth £150.00)

Student will receive a Leeds United Foundation specialised training kit. (Approx £150)

- 2 x Training Tops
- 2 x Training Shorts
- 1 x Sweat-Shirt
- 1 x Rain Jacket
- 1 x Track-suit
- 2 x Polos
- 1 x Bag

Higher Education Progression:

This course enhances progress onto sport related HE courses, e.g. Coaching, PE teaching, Physiotherapy, Sports development, Fitness Instructor, Sport Business etc.

Applying for this course is easy.

Simply Contact:

Gary Limbert -

John Ralphs – john.ralphs@sherburnhigh.co.uk

EDUCATION AND RUGBY ACADEMY EXPERIENCE



The JP academy understands the value of an elite performance environment on player and personal development in **Rugby League**. This unique programme of Rugby League development and education helps the student achieve both academically and on the field. Perfect for young players between the ages of sixteen to nineteen with aspirations of playing in the Super League, or those just motivated by personal development.

Each player is given the opportunity to achieve their ambitions both in the classroom and on the pitch, and experience training on a brand new 3G pitch, or playing field.

The two-year programme is made up of twelve hours of sport and performance related units, and nine hours of practical/training sessions per week plus game time.

Entry requirements

4 GCSEs at Grade 4+ (or above) including Maths and English, or BTEC Level 2 equivalents and a very keen interest in Rugby.

Course Content

- Anatomy & Physiology
- Fitness Training and Programming for Health, Sport and Well-being
- Professional Development in the Sports Industry
- Application of Fitness Testing
- Sports Psychology
- Research Methods in Sport
- Development and Provision of Sport and Physical Activity
- Sports Leadership
- Sports Massage
- The Athlete's Lifestyle
- Work Experience in Active Leisure
- Sports Injury Management
- Coaching for Performance
- Practical Sports Performance
- Sports Performance Analysis

Equipment provided

Student will receive an X-Blades specialised training kit:

- 2 x Training Tops
- 2 x Training Shorts
- 1 x Tracksuit
- 1 x Hoodie
- 1 x Kit bag

Assessment:

The course is continuously assessed internally with an additional exam and 2 externally assessed units. The BTEC qualification is graded Distinction, Merit or Pass. The assessments can take many different forms including assignments, case studies, project work, presentations, time constrained assessments and observations.

Higher Education Progression:

This course enhances progress onto sport related HE courses, e.g. Coaching, PE teaching, Physiotherapy, Sports development, Fitness Instructor, Sport Business etc.

A TYPICAL TRAINING WEEK

Lead by a JP academy high performance development rugby league coach a typical training week will look like:

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 – 8.30	Arrival				
8.30 – 9.00	Activation	Activation		Activation	Activation
9.00 – 9.30				Recovery and Rehab	Weights/Community Club Goal setting
9.30 – 10.00	Weights/Core Skill Development Split	Group 1 Weights			
10.00 – 10.30		Group 2 Weights			
10.30 – 11.00		Recovery		Independent Study	Light field Skills/Team Prep
11.00 – 11.30	Team skill Field session	Team run		Video	Recovery
11.30 – 12.00					
12.00 – 12.30	Lunch	Lunch	Game Day	Lunch	Lunch
12.30 – 13.00					
1.00 – 1.30					
1.30 – 2.00					
2.00 – 2.30					
2.30 – 3.00	BTEC	BTEC		BTEC	BTEC
3.30 – 4.00					
4.00 – 4.30					
4.30 – 5.00					
5.00 – 5.30					

Application to
Jamie Peacock - info@jamiepeacock.co.uk
John Ralphs – john.ralphs@sherburnhigh.co.uk

Sherburn High Goes Live on BBC Radio Five Live

On Wednesday 6th December, a group of ten Sherburn High students were interviewed live on BBC Radio Five Live over in MediaCityUK, Salford. We've been working on a secret mission with the BBC over the last few months on their new 'Fake News' project which aims to help students develop their media literacy so they can decode the media and understand what is, or indeed what isn't fake news.

It was very exciting to receive a call from BBC School Report telling us they'd spotted our fake news reporting on the Sherburn High BBC School Report webpage back in March. Based on our journalistic merit, they invited us to take part in the Children's Global Media Launch and appear live on the afternoon edition of BBC Radio Five Live with presenters Sarah Brett and Nihal Arthanayake.

Our students were amazing on air and - despite Miss Jackson telling them they'd be on air for about ten minutes - they filled an entire hour! Students discussed where they access the news, how they spot a fake news story and why they think people produce fake news in the first place. Caitlin, Olivia and Alex sat at the desk with the presenters and everyone else squeezed into the studio with the dramatic skyline of MediaCityUK in the background.

It was amazing to see how live radio actually works. You can listen in to the episode on BBC iPlayer until the end of the month but it will give you no clue as to how many people are involved in the making of the show and how fast the pace is. Our students were brilliant - but listen in and judge for yourselves.

Students were also interviewed for the BBC Radio Five Live Facebook and Twitter page and have put together a video guide - 'How to Spot Fake News'.

We had a little spare time to explore MediaCityUK and see BBCSport, CBeebies, the ITV studios and Coronation Street and a replica Rovers Return front. The super sleuth skills of Mrs Debbie Jackson revealed we had a brush with Royalty as we just missed the Duke of Cambridge and Prince George arriving at the BBC Studios! If only that tram had arrived earlier...

Thank you to Caitlin Ross, Lucy Walton, Noah Stokes-Waters, Eddie Thirsk, Ben Dingwall, Alex Johnson, Maya Kakkar, Mia Newton, Lucie Clifton and Olivia Rooney for sharing their own opinions so confidently and showing over five million listeners how fabulous Sherburn High students are!

If you'd like to be involved in BBC School Report, join us on a Tuesday lunchtime in Room 30 or speak to your English teacher for more information. Check out our @SherburnEnglish Twitter feed for more photos and videos from the day.



Job Training at MediaCityUK!

Standing on South Milford station platform at 6:45am on the morning of Tuesday 14th November, with the moon shining down upon us, we were ready to embark on a two train and one tram adventure to MediaCityUK in Salford. Organised by BBC Academy and BBC School Report, Dylan Oldfield, Derek Fairclough, Zac Oliver, Sam Martin, Elliot Davies, Brad Bailey and Josh Dale were treated to a day of BBC training from BBC staff and experts.

It was incredibly exciting to spend the day at the home of the likes of BBC Sport and BBC Breakfast and the star spotting began early with Shane Ritchie departing in a taxi as we arrived. We were welcomed by Louise Minchin and Dan Walker who were straight off the set of BBC Breakfast before moving into iPad training and creating our own short news reports.

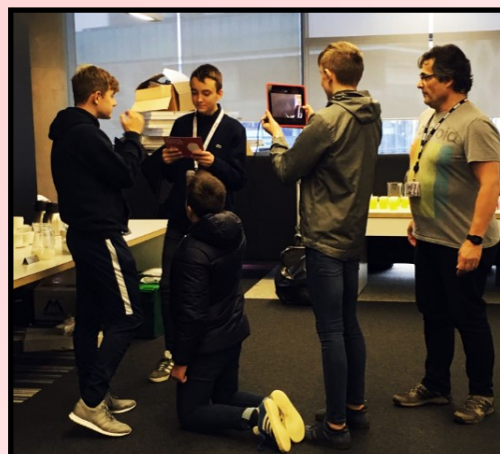


We took part in a great careers talk which highlighted the many media based careers students might be interested in. The BBC have so many opportunities on offer in the North at MediaCityUK so gone are the days of 'having to move to London' to work in the media. It's a great time for our young people who are interested in media and gave us all food for thought to turn our hobbies into our careers. We're really lucky to have this (almost) on our doorstep and it really is an inspiring place. However, there was a mix of joy at seeing Old Trafford out of the window but that debate is best left on the tram!

After lunch, we were given a tour of BBC Studios and were able to go on the set of Saturday Mash Up!, BBC Breakfast and BBC Radio 6 where we saw Mark Radcliffe on air. We had a go at presenting BBC Breakfast, the weather (it was rainy and cold in Salford) and we faced a barrage of sports trivia in A Question of Sport. We also saw the giant Pudsey Bear as MediaCityUK were getting ready for Children in Need that week and it was great to wander around listening to BBC conversations in their open plan working space.

As we returned to South Milford at teatime, the moon was out again. A long day but absolutely worth it.

Miss Jackson, Lead Practitioner for English



Enter Narnia's Magic Kingdom!

Year 7 and Year 8 students enjoyed a magical journey through the wardrobe at the West Yorkshire Playhouse on Thursday 14th December. We don't want to give away too much but what an amazing performance!

As a theatre in the round piece, we were incredibly lucky to enter through the Barber studio entrance - and magical it was! A snowflake filled kingdom awaited us as we took our seats and gathered our Evacuation cards.

We don't want to give you spoilers but if you get chance to go see the performance before it finishes in January, you will love it. A dramatic art and some breath-taking physical theatre. And quite frankly, it's amazing how you can create Narnia with a big old bed sheet and a few old duvets! Try it at home. But go steady with how much Turkish Delight you eat this holiday... it can get you in terrible trouble...

Huge thanks to Mrs Sparrow for organising the trip and all the staff who joined us on the visit. We can't wait for the next one!

Photographs courtesy of West Yorkshire Playhouse: <https://www.wyp.org.uk/events/lion-witch-wardrobe/>



Dear Parent,

GAMES TRAVEL UPDATE

A BIG THANK YOU to all parents who have donated to our games travel fund – we have raised a very generous £1,005.

If you have not yet donated and would like to know more about our donation request, here are the details....

Schools in recent years have been challenged with providing a quality education on a reducing budget allocation and the situation is not improving despite pressures from professionals in all area of education.

Our core budget goes on the fundamental areas of the curriculum and we are looking to generate additional income where we can for extracurricular activities.

One of the areas we are looking at is games travel where the school pays for transport after school for the numerous teams both girls and boys for football, rugby, hockey, netball, athletics, and cricket and tennis in the summer season. The annual cost is around £10,000.

We would like to request a voluntary contribution of between £5 and £10 towards this academic year minibus costs to allow all teams to attend away matches. The more successful we are in the local school leagues the more matches we need to play and your donation will ensure that our commitment to our young players will be maintained to the end.

This payment is being requested on a voluntary basis and will not prevent any student attending sporting events if their parents/carers do not have the means to contribute.

If you would like to make a donation please use the schools secure payment facility – ParentPay on the link below and log on in the normal way.

<https://www.parentpay.com/>

Thank you in advance for your kind donation.

Team Sherburn High

Christmas Concert Success

Sherburn's Christmas Concert saw a collection of fantastic performances from students across all year groups, showcasing the brilliant work they had been working on throughout the term. Year 11 music students composed and created their own versions of 'Havannah' (Ellie Mae Cameron, Bronte Shaw, Lucy Work & Alex Beaumont), 'Fast Car' and 'Half a World Away' (Eve Knowles, Louie Newbon, Tom Bailey, Sam Sprakes) which stunned the audience and Year 9 students Ben Storton and Cameron Wadkin gave their debut performances on stage in a duet of 'Sweater Weather' and 'Say Something' with Ellie Mae Cameron. We saw a beautiful rendition of 'Hallelujah' from the Singing Group which students said they really enjoyed performing and the Year 8 dance team choreographed their own routines to 'Galway Girl' and 'Underneath the Tree' by Kelly Clarkson; wowing the audience with their gymnastic tricks and lifts.

The KS3 Drama Club did a comedy adaption of A Christmas Carol staged in 3 parts and there were exceptional solo performances from Grace Armytage with 'Last Christmas' and Rhiannon Jones singing 'Where are you Christmas' beautifully. Finally we had the amazingly talented Mr Hall and Mr Askins playing alongside Ellie Mae and Jack Harvey with 'Run Run Rudolf' and 'Merry Christmas Everybody' which had the audience on their feet. The night was hosted by Mrs Jackson and Mr Brookes who made the audience chuckle with their Christmas cracker jokes and there were plenty of prizes to be won in the raffle. The hall looked extra Christmassy with sparkly decorations and the audience enjoyed their mulled wine and mince pies whilst browsing the festive market stalls. The evening was a huge success and we would like to thank all students and staff who were involved in making the event happen.

Ms Dennis, Performing Arts Teacher.



With Christmas around the corner, no doubt your children have a new games console, a new game, tablet / iPad / laptop, mobile phone waiting for them. All these things give your children the ability to connect with others around the world but do you know who they are communicating with?

Our E-Safety section on the School Website has multiple links to sites that will be of use to you and your children, on how to keep safe online. The Digital Parenting and DITTO magazines are especially great to read if you want to some more information.

<http://sherburnhigh.co.uk/esafety.html>

Here are a few great links to check out too:

<http://www.childnet.com/blog/free-internet-safety-leaflets-for-parents-2016>

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

<http://www.digitalparentingcoach.com/>



For those parents that use Twitter, a lot of the companies that are linked on our E-Safety page frequently tweet articles and advice about E-Safety for Parents and young adults.

E-Safety doesn't just stop at social sites, it covers your whole presence online. The most basic thing to bear in mind, is having a strong password and making sure you do not use it more than once, a password manager can help here or 2 factor authentication. A password manager assists in generating and retrieving complex passwords, potentially storing such passwords in an encrypted database or calculating them on demand. The threat of cybercrime is increasing year on year and the best way to protect yourself is by a strong password.

Smoothwall has some great articles to read <https://uk.smoothwall.com/online-safety-zone/>

Passwords should now be called PassPhrases. Usually passwords can be cracked in a matter of hours/days using wordlist attacks – this can be a list taken from a recent security breach; which will be a list of real world passwords. PassPhrases (containing more than 15 characters) take longer to crack. If you'd like to know more about "Passwords vs PassPhrases", a Google search (other search engines are available) for "Passwords vs PassPhrases" will help you understand the differences. Also a search for "Top 100 Passwords" will show 2 results to the telegraph which are a good read too.

If you do not have a PIN / passcode / Fingerprint security on your phone, we advise you to set it up, having at least 6 characters as a PIN code.

Passwords are often taken for granted with people not seeing their importance. Only you should know your password, think of it as you would, your bank account PIN number. As soon as your password is leaked, they may have more information about you than you think.

Just to leave you with this thought: There are 600,000 hackers logging into FACEBOOK everyday trying to breach user's personal security, please keep your details secure!



Groupcall Xpressions App

View your child's information on your mobile phone!

An exciting new service is now available for parents to ensure communication between the school and parents is easier and more effective. Groupcall Xpressions is created by the award-winning school communication company Groupcall Limited.

The app is completely free of charge to you and can be installed on your mobile phone or tablet, it can also be accessed from a PC or Laptop. It currently supports both Apple iOS and Android devices (with Windows mobile to follow) and you'll be able to see information for your children.

If you have children in different schools and those schools also use Groupcall Xpressions, you will be able to view information on multiple children within the same app.

What do Parents need to do now?

Please download the APP on to your device or visit xpressions.groupcall.com to set-up your account.

You will be required to enter the following in this order:

- Your Email Address - Required to log in to the app
- Your Mobile Phone - Required to log in to the app
- The security code that will be sent to your device via SMS
- Enter a Password - This is used to gain access to the app if you sign out
- Enter a PIN number - This will be used if you lock the app

If you have trouble setting up your account with your email address or mobile number, please contact the School on 01377 682442 to ensure we have your correct mobile number and email address on our school database. You can also email your updated details to the school at acorn@sherburnhigh.co.uk

You'll need to make sure you keep these details up-to-date in future to maintain access to the service.

What happens next?

Once installed and set up you will be able to see some or all of the following information depending on the school's system:

- Receive messages sent by the school delivered directly to the app via Push Notifications
- See Achievement records for the academic year
- See your Son / Daughter's Timetable - by subject, full timetable, by date
- See Behaviour Notes for your son/daughter

We hope you enjoy the new service we have.

Everything you need to know about getting started and help information for use in the future - it's available at parents.groupcall.com

No cost to you, it's FREE to use and saves the school money

ROTARY YOUNG CHEF 2017

The Rotary Club of Osgoldcross & Elmet were delighted to join us on Monday 4th December to hold a heat of the Rotary Young Chef competition. Miss Howe arranged for six of her students to compete after school hours by planning, sourcing and creating a two-course meal for two for under £10.

The competition is designed to encourage students to learn how to cook a healthy meal, develop skills in food presentation, food hygiene issues, organisational and planning and an ability to cope in a demanding situation.

Chef and owner, Kirsty, from local restaurant The Queen O' T'Owd Thatch in South Milford, very kindly agreed to judge the competition with Lorna Fassnidge from Sherburn High.

The students – Bethan Slater, Harry Varley, Hannah Stephenson, Max Burdekin, Kennedy Parkinson and Jasmine Bate had 2 hours to prepare, create and present their dishes for tasting. They were judged on planning and preparation, range of food skills used, presentation, skills, neatness and hygiene, first course and second course.

After much deliberation the judges declared Max Burdekin the winner.

All students were presented with certificates for taking part and £10 expenses. Max was presented with a winner's certificate and a £5 gift voucher.

Max will now take part in the York heat on January 15th at York College. The winner of that heat will go on to the District Heat at Betty's Cookery School in Harrogate. The overall winner of the National Rotary Young Chef will win a prize of a week at a cookery school in Italy kindly given by the sponsor Bertoli.

We wish Max the best of luck.



Charity begins in form!

Charitable student Rohan Polhill, treats his form every year to a fantastic, tasty Christmas treat. This year it was a gingerbread house which he made himself then shared with Miss Fassnidge and Mrs Wrightson's form.

Well done, you're a superstar!



Bah Humbug!

Year 9 were treated to a wonderful performance of 'A Christmas Carol' from ManACTco. The trio of actors arrived with a healthy dose of bah humbug and Christmas cheer in equal measure and delivered a spectacular performance. Our students had a thoroughly enjoyable afternoon!



Netball success!

Year 7 girls, Jess Plummer and Libby Murphy have been selected to train with North Yorkshire County Netball Club! They will be training at Manor School in York every Friday. Fantastic achievement girls well done!

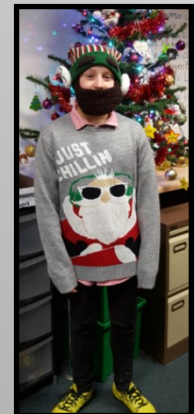
Help For Heroes Charity Day

There was a festive feeling in the air as students and staff dressed in festive knitwear and other Christmas finery to raise money for Help for Heroes, Lotherton's chosen charity. Lots of events took place throughout the day: raffles, cake stalls, guess the name of the bear, how many sweets in a jar and a bumper hot dog foodfest at lunch time!

It's fantastic how the whole school rallies to raise money for such worthy causes and of course it is down to you, the parents and carers who supply the money, so huge thanks to you all!

Special thanks go to Team Lotherton Charity Committee who have worked their socks off over the last few weeks to make the event a massive success. At the time of going to press we have raised £598.61!

Wishing you a very Merry Christmas and a Happy New Year!





SHERBURN HIGH SCHOOL

Headteacher: Mrs M Williams BA (Hons) NPQH
11-18 mixed comprehensive (760 students) with Sixth
Form

Required as soon as possible

**Relief Catering Assistant
Band 1 point 6 (£7.78 per hour)**

An exciting opportunity to gain experience in a
busy catering department in a High School.

The successful candidate must be prepared to
carry out general kitchen duties which will include
food preparation, food service and general clean-
ing. The candidate must be able to work to a
high health and hygiene standard and also be
prepared to work flexibly between the hours of
8.00am to 2.00pm daily.

Sherburn High School is a friendly and innovative school set in
an attractive position in the rural village of Sherburn in Elmet,
which is only 10 minutes from the A1(M) making it easily and
quickly accessible from Leeds, York, Doncaster, Bradford, Pon-
tefract and surrounding areas.

The Job description and application form can be downloaded
from our website at www.sherburnhigh.co.uk and emailed to
recruitment@sherburnhigh.co.uk.

All Applications will be considered.

Also visit www.nyccjobs.co.uk

**The successful applicant will be required to undertake a
criminal record check via the DBS.**

***Sherburn High School is committed to safeguarding
and promoting the welfare of children.*** We welcome ap-
plications from all sections of the community, we appoint on
merit.

A responsive County Council providing excellent and efficient
local services



Mondays 9.30am - 10.30am

DANCE BOOT CAMP

Tuesdays 9.30am - 10.30am

ZUMBA

Tuesdays 10.30am - 11.30am

LEGS, BUMS & TUMS

Wednesdays 5.15pm - 6.15pm

GORGEOUS GUNS (ARM CIRCUITS)

Wednesdays 6.30pm - 7.30pm

AEROTONE

Fridays 6.30pm - 7.30pm

AEROTONE

Sundays 10.30am - 11.30am

AEROTONE

*All classes subject to change



Tel: 01977 682801

www.fitnessmotion.co.uk

