



Year 7 Newsletter

Written for Sherburn students by Sherburn students

A FANTASTIC ADVENTURE!



Year 7 students explore Malham

**BBC
NEWS**

**SCHOOL
REPORT**

Meet the BBC News School Report team

From plastics to AI, from social media to Brexit, read our reports inside.



Readathon

We read for fun and raised £1400!

Read all about our extreme reading challenges and how we read for fun at Sherburn High School.



The Geography Department took Year 7s to Malham as part of their recent studies in lessons.

By James Parkes

Slightly different from recent years, the aim of this year was to investigate the characteristics of Malham as a Place. This was to enable students to develop independent investigation skills and also learn some of the key content of the new A Level. The fieldwork would then enable students to compare Malham to the students' local place.

Whilst in Malham, students needed to complete the traditional fieldwork methods such as questionnaires, photographs and environmental quality surveys. There were also some modern techniques included such as smell mapping, emotion mapping, noise mapping, re-photography using old images and, the most popular, selfie mapping.

It was a great couple of days and all students were able to appreciate the beautiful landscapes of Malham Cove, Janet's Foss and also to enjoy villages smaller than our own.

Huge thanks to Mr Featherstone, Mr Sladen and Miss Marsh and also to the honorary geographers, Miss Ball, Mrs Depledge, Mrs Oakes and Mr Kirby.

Geography teacher, Mr Featherstone, commented "for once on a Sherburn Geography trip, the weather was kind. We had a bit of rain on the Wednesday but we were treated to some very nice sunshine on the Thursday. Students responded extremely positively to the new fieldwork techniques, even if it did take them a while to perfect their selfie pose."

YEAR 7 TAKE OVER MALHAM



By Phoebe Parry

Ever wondered what a Sherburn High School's Year 7 Geography trip looks like? Well wonder no more because Year 7 went on a geography trip to Malham exploring all the different parts and were thrilled to visit: Malham Cove, Janet's Foss, and the limestone pavement.

On Thursday 26th April 2018, Year 7 took over Malham exploring all the different parts and taking a hike to Malham Cove. They had been led by: Mr Featherstone, Mr Kirby and Mr Sladen. The bus journey was two hours long. All of the year 7 students really enjoyed sight seeing. They were excited to eat their lunch in a different place. The year 7s first explored Janet's Foss looking at the water and climbing up the rocks. They then explored the village which was peaceful and exciting. Year 7 got told to ask people questions and had a great time.

Malham Cove is a very peaceful area.

Ellie Knowles stated that she knew that Malham was a great place to go. They climbed all the way to the top and saw where Harry Potter and the Deathly Hallows part 1 was filmed. "The view was incredible" said one. Malham is a great place to go, you could see the calming waterfall and the breezy Malham Cove. There is so much to do and on the way there you could watch all the animals.

Fun fact - Year7 had to climb 200 steps just to get to the top of Malham Cove. They were very tired at the end. Another fun fact was a lady came up to Mr Featherstone and called him Graham!

Shockingly, one girl fell down a ditch!

We were all worried but she was okay. As soon as it was time to go, Year 7 put on their backpacks and got on the coach. They had an amazing but tiring day. Everyone said it was amazing and would go again. They made it safe to Sherburn and were sad to go back home but were also thrilled that they went.

TRIP TO THE COVE



By Abigail Davy

The whole of Y7 went to Malham on the 26th April 2018 for a Geography trip. Firstly they travelled for two hours by bus. When they got there they were organised into three groups all together, each with a teacher - Mr Featherstone, Mr Sladen and Mr Kirby. Then, all year7s started to get on with the day! They were really excited and speechless. Some were a bit worried and nervous especially when they were on the beautiful Malham Cove.

Each group went to places in a different order, but all saw Malham Cove, Janet's Foss, Malham village and the forest. Up on Malham Cove there are lots of deep gaps - one girl almost fell into one because she was not paying attention! At Janet's Foss, students had to fill out a booklet with ratings on. "It was a really lovely place," one student said.

After the year 7s had a chance to look around, they went to Malham village to have their lunch. They paired up and had a series of questions to ask tourists to find out about why they were visiting. One question was: What emotion do you feel here and why? One tourist remarked, "It is a brilliant and beautiful place".

As soon as everyone had looked around Malham it was time to go home. After a quick toilet break, everyone was ready for the two hour return drive. Finally - tired but relaxed - we all made it safely back to Sherburn, really excited to tell our parents about the exciting day we had.



By Baylee Gledhill

People in the LS24 9QD area have been without power causing outrage as power cut ruins BGT Final!

Power went off at approximately 7.50pm and didn't come back on till 9.15pm. The power line came down between Ulleskelf and Church Fenton. As it came tumbling down, hedges were set on fire. Northern Power grid said 130 premises in Tadcaster were affected by the power cut. The fire brigade attended and northern power grid fixed the line and power returned for the announcement of the winner of the BGT Final.



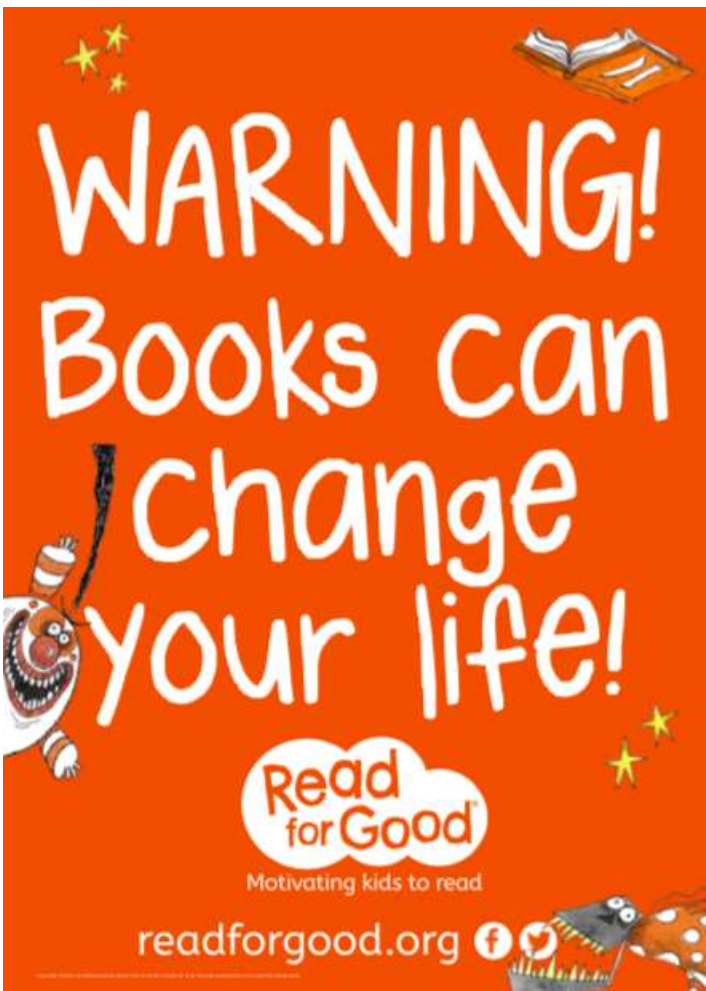
Enthusiastic students read everything from comics to classics, raising over £1400!

Following on from the hugely successful 'Extreme Reading' competition, which saw some fantastic entries from year 7 and 8 students reading upside-down, in kitchen cupboards, washing machines and in all kinds of gymnastic poses, in an effort to encourage students to read for pleasure, the English department launched this year's Readathon challenge. Students completed a successful three-week sponsored read. They certainly rose to the challenge, reading hundreds of books and raising a fantastic amount for seriously ill children.

Readathon is run by the UK charity Read for Good, which uses the sponsorship money raised to provide a regular supply of much-needed brand new books and regular storyteller visits for all major children's hospitals in the UK. Each hospital has a tailor-made, mobile bookcase, which is jam-packed full of the latest best sellers and classic favourites enabling children to choose just what they fancy.

Mr. Hunt said, "Readathon created a real buzz about books in the school. All teachers and staff got involved sharing their childhood and all-time favourites, which sparked some interesting form time discussions! I found children talking about books, sharing and swapping favourites and genuinely motivated to read. Parents became involved in what their children were reading and shared precious time together talking about books and sharing successes on the @SherburnEnglish twitter page with published children's authors! Our pupils raised over £1400 which Readathon will use to give books and storyteller visits to children in hospital. Readathon really is a win-win - it was great to hand out so many book tokens in house assemblies to those students who went above and beyond and who really embraced the readathon challenge!"

Justine Daniels, CEO of Read for Good said, “We find that children are really motivated to read when they know that the money they raise through reading helps to buy a regular supply of brand new books and storyteller visits for children in hospital. To say thank you for their tremendous efforts, we’ve teamed up with Scholastic Book Clubs to give Sherburn High School free books for their library. We hope that these books will in turn inspire even more pupils to get reading - for good.”



SCRUMPTIOUS CANTEEN!



By Freya Twedale

The canteen is filled with lots of deliciously scrumptious food just waiting to be eaten!

I have interviewed three of the friendly dinner ladies. "It's always nice to see new faces and it is interesting to see what they get. It is nice to have wide conversations with lots of different children." I also asked what their favourite food was. Their response was "Roast dinner and jam roly-poly – definitely roast dinners."

The food always smells amazing, especially the pizza for me. They are very cheesy and gooey - I would recommend this 100 percent!

The third and final question I asked the dinner ladies was what would they say to the new year 7s about the food here at Sherburn High School. "Try each type of food, take a look and give things a try!"

If none of the dinner ladies make you want to gobble up everything then the menu just might – go check it out!

IS SOCIAL MEDIA ENHANCING YOUNG PEOPLE'S LIVES?

By Ruby Broadhurst and Lily Underdown

Students and teachers at Sherburn High School have strong opinions on social media and how young people use the sites.

We asked John Ralphs, Deputy Head teacher at Sherburn High School, which social media app he felt was most secure for student privacy. "WhatsApp allows you to choose who to text and when which means it is less invasive in your personal life." Catlin Ross, an A Level Media Studies student at Sherburn High, enjoys social media and uses it on a daily basis: "Snapchat is my preferred form of social media because it's not permanently there. On Instagram when you post something it's there forever unless you delete it before anyone has seen it."

Everyone we interviewed said that their first social media site was Facebook, however, most students and teachers at Sherburn High School thought that Facebook is now quite outdated. A concern around Instagram was the idea that everyone seems to have a perfect life, which does not reflect reality and can be a cause of anxiety for young people.

Another worry was that social media was ruining the art of conversation. Pui Ling Ma, Head of ICT, agrees: "Social media is absolutely ruining our ability to communicate. Teenagers are losing the skills to talk in a conversation not in text. It's a concern for teachers when students use their phone to talk to their friends online rather than in person. There is a real danger our young people are being deskilled in the art of conversation." Paul Askins, ICT teacher at Sherburn High, added "Social media has created a made up language with abbreviations such as YOLO, LOL, UR. This in itself limits conversation as it's not a universal language."

Lizzie Stockton-Pitt, Head of Mathematics: "Around 95%-100% of students have a phone in our school." Catlin Ross added "Everyone I know has a phone; it's how we communicate. Times have changed." As so many young people have a mobile phone now, it's a problem that is not going to go away without more action from schools, parents and social media developers.

TO BE OR NOT TO BE THE BEST SUBJECT

By Hannah Wales

English at Sherburn high is the one subject that you will enjoy and want to be in all of the time.

In English at primary school, you get told to write this and write that. But here at Sherburn High, teachers give you the freedom you need to become the best reader and writer you deserve to be.

In my experience here at Sherburn High, I have learnt that no matter how much you shine in that subject - whether it's in English or not -

the teacher will give you the help and the amount of time in which you need to improve your skills.

My current English teacher is called Miss Engelmann, and no matter how much help I need, she provides it no matter how long it would take. Amber quoted, "the teacher who teaches me in English, is one of the nicest teachers to have taught me this year. She has also helped me make a huge amount of progress that I thought couldn't be possible in a year."

Ben quoted, "The English department is an awesome place! We learn a great deal of things from poetry writing to analysing some of our favourite movies - that's why I think it's so great. The teacher provides a great deal of help for everyone as she keeps us in a great spirit all the time!" Prash quoted, "I enjoy this subject mostly because of the teacher that teaches me. She is always believing in me and wanting to make sure I have the best experience I can have in English."

ENGLISH – THE DOORWAY TO WISDOM



By Matilda Mundy

In my opinion, English is the best subject ever. What with their brilliant clubs and motivational teachers, the department offers so much to its students, like you!

Every lunchtime the department offers a variety of clubs such as homework help and Y7 book club on Mondays, BBC school report on Tuesdays, debating on Wednesdays and film club on Tuesday and Friday.

And then there are the teachers... Overall, they are all brilliant and supportive, but here is some more information about them all. Miss Engelmann – bubbly and understanding. Miss Jackson – the Media guru. Mr Hunt – promotes healthy reading and support. Ms Chaplin – has high expectations to drive progress. Mr Hale – professional and approachable. Miss Dennis – fun and creative. Mrs Brown – cheerful and positive. Miss Laurence – expert and professional. Ms England – friendly and helpful.

A wise man once said, ‘Literature is one of the most interesting and significant expressions of HUMANITY!’

And finally lessons... Our Lessons are educational and exciting. ‘I really enjoy English because I learn so much!’ quoted Daisy – Y7 in Miss Engelmann’s class.

‘Our English Lessons are imaginative and give you lots of knowledge for studying English in the future.’ quoted by Chloe – Y7 in Miss Engelmann’s class.

Overall, English is AWESOME!

OPEN YOUR BOOK AND ENTER A WORLD OF IMAGINATION

By Millie North

At Sherburn High School, English is something we devote a lot of our time to. It’s a way each student can express themselves in their own way.

Studying English in transition was really fun because we got to show our creative side within our writing. I think the new year sevens will really enjoy English because they get to do so many amazing things inside and outside of class.

The topics we studied this year have been very unique and not like any topics we did in Primary School. We got to create so many things like drama performances, posters and many other creative tasks. So far this year, we have studied 5 topics. For example, we have studied Twelfth Night, Charlotte Dymond, Lyrics and Poems, Animal Farm and Newspapers and Media. Each of these topics have been very distinctive. However, a few of them have linked in their own way.

English lessons are a way for you to open your book and enter a world of imagination.

Dinner-time delicacies

Sherburn high school has the most amazing school food in the world.

Where I go to school, at Sherburn in Elmet high school, one of my favourite bits about it is definitely the food, because it is absolutely fabulous. My personal favourite is probably the curry, but I still love the pasta pots and the hot sandwiches. You can also get your pizzas at break!



Everyone knows that primary school dinners are a bit dodgy at times. I certainly know that my school dinners were. However, one of the reasons I actually came to Sherburn was because of the awesome food. When I came for the open evening I was offered curry, pasta, mac’n’cheese and a lot more.





SHERBURN HIGH ROCKS!

By Elle Hudson-Fox

Sherburn High School put on a spectacular one of kind performance of *We Will Rock You*. The curtain rose for the first time on Wednesday 7th march 2018 and then again the following evening. The performers, aged between eleven and sixteen, worked from November to March to prepare for the wonderful show.

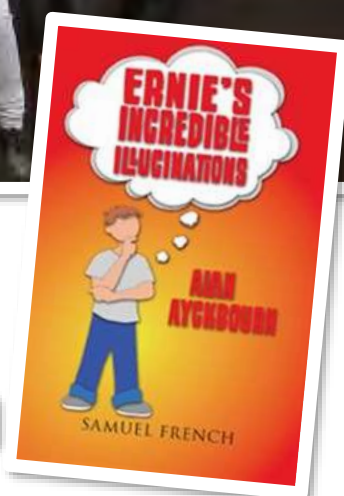
Their dedication to the performance was wonderful and they showed this resilience by not allowing the *Beast from the East* or Christmas to get in the way of their preparations. They worked endlessly and now some of the year 7 students are working on their own production of *Ernie's Incredible Illucinations*.

Our students 'Rock' in their music exams

The year 11's also recently put on a musical performance for their exam. Ellie Mae Cameron, Bronte Straw, Lucy work, Jack Harvey and Alex Beaumont performed *Havana* and *Stiches*. Then Eve Knowles, Louie Newborn, Tom Bailey and Sam Sparkes performed *Fast Car* and *Half the world away*. Finally Val Praught, Mason Hart and Louis Biddles performed *Do you wanna know?* and *Seven nation army*.

Mrs Fensom states "Performing Arts gives the students confidence in themselves". Emily Marston (year 7) said "it gives us the opportunities other students wouldn't have".

ERNIE WHO?



A boy with a vivid imagination

By Emily Marston

Children at Sherburn High School are on a magical adventure through *Ernie's Incredible Illucinations*.

The production will take place in school on the 12th July 2018 at 6:30pm. This doesn't give the year 7 students much time to prepare, but they are determined to get the job done. The Performing Arts teacher Miss Dennis is producing the play.

The production is about a boy called Ernie who keeps having 'illucinations'. These are driving his parents insane.

The main cast and characters are: Ernie- Emily Marston, Dad- Billy Little, Mum- Chloe Smith, Doctor-Ellie Knowles and Auntie May- Isabella Garton.

What does this show mean?

The play is cast with only year 7 students, which means they will have the opportunity to play the lead roles and will help them grow in confidence.

Miss Dennis States that, "it will only be a short production but will be lots of fun and an exciting opportunity for the young performers to show of their fabulous talent and they have".



MANCHESTER SINGALONG!

By Billy Little

On the 4th June last year some of the biggest pop stars on the planet came together in Manchester. Only two weeks earlier Ariana Grande had just completed her set at the Manchester Arena when a terrible attack happened on the crowds of people leaving the venue.

The pop sensation went back home to America and had a long hard think about what happened. She came back to the UK and visited all of her fans that were in hospital to tell them about the One Love Manchester event she was planning.

The singer was joined for her sell out event held at Manchester's Old Trafford cricket ground by stars like Justin Bieber, Miley Cyrus and Katy Perry.

Ariana paid tribute to the victims of the attack and said, "I want to thank you for coming together and being so loving and strong and unified".

A mass singalong shows that we are not afraid

It's been over a year since the attack at the Manchester Arena and last month Manchester came together to remember the victims and celebrate them.

The huge crowds held a mass singalong to show the world that people in the UK are loving and not afraid.



IS YOUR MOBILE DISTURBING YOUR SLEEP?



By Elle Ann Broadbent

Blue light from mobile devices are disturbing our sleep and everyday life. Over the past couple of years mobile phones, laptops, iPads and many more devices have taken the world by storm. They are very useful but are they good for our health?

Recent research has found that around 85% of school children have phones, and they seem to be addicted to them. Connor Chaston, a 12 year old pupil at Sherburn High said, "I go on my phone all the time, it is part of my every day life", whereas Joe Powell, also 12 years old and a student at Sherburn High, said, "I probably only spend one hour on my phone a day".

Blue Light – The Facts

In electronic devices there is an energy source called blue light. This is a light that is high in meathenim which makes your brain think it is day time, it is also found in sun light. The moon does not have blue light, which is why when it is dark at night we feel sleepy. So when you look at your phone before you go to bed you consequently, feel awake again. This makes it harder to go to sleep. Not only do you feel awake again, the next day you will have no concentration and you will not be able to focus on your work, which will have an effect on your learning.

So next time you go to look at your phone or TV before you go to bed - think about what is more important!



**LOVE FOOTBALL?
YOU'RE IN LUCK.**

The football club for year 7's is on every Wednesday after school until 4:14 pm. It is run by either Mr Caswell, Mr French or Mr Grannon. Make sure you step your game up to hopefully be chosen to represent the school in a match and take us to victory.



CHARITY DAY GOES WILD!

By Isobel Hardaker and Arthur Bray

Sherburn High show their support by doing a half termly charity day to raise as much money as they can for various charities.

One of Sherburn High's houses, Newby, have raised a whopping **£3014.12** for Cancer Research in 2018. On their Charity Day we came in non-uniform and brought £1 or more to donate to the charity. The achievement team organised sweets and games at lunch and break. Libby Barraclough said, "We get to wear non-uniform and it's nice to be able to have sweets and bake sales at lunch and dinner."

Bramham house raised a total of **£1000.97** and it was a really fun day. On Bramham's charity day we had huge bake sale which was amazing and there were loads of games to play!

Many students at Sherburn High had such great time. Y7 student Arthur Bray said "I really enjoy all the charity days, I feel proud that my donation can help someone in the world."

As you can see by these whopping totals, Sherburn High School have really got something to be proud of, knowing that they have helped someone less fortunate than themselves. **Congratulations!**

LUNCHTIME

AT SHERBURN HIGH SCHOOL

We have plenty of food snacks for break time and lunch time. Make sure to get the pizza its **DELICIOUS!**



FORTNITE

EPIC GAME IS TAKING OVER YOUNG LIVES

By Lily Underdown, Lyndon Snowden-Hicks and Fred Forrest

Parents are complaining about a new computer game taking over their young children's lives. Children all over the world are becoming unsociable and this is because of the brand new server on Fortnite.

Children are getting too addicted to this game and are playing it as soon as they wake up and before they go to bed. There are reports of children becoming violent because of it and copying strong language that some of their favourite "YOUTUBERS" are using.

Isaac Grima, aged 12, said, "Sometimes I will stay up after my bed time and play Fortnite and it affects my learning in school." His father has different opinions - "It is dependant on the situation and parents should choose based on their maturity." Ben, aged 12, said, "gaming [Fortnite] has not affected my education. I normally start playing Fortnite at half past four and finish at half past nine." This could affect his education because he might be tired in school.

Harvey says "Fortnite is really great, I'm really bad and have no wins but it's still a super fun game to play."

INTERNATIONAL FORTNITE

Children all around the world are playing Fortnite and it all started when 'Battle Royal' was released. Everyone around the world were running to the shops to get it. Now consoles are making the game available for free.

Young people love it, parents hate it, maybe soon children will get bored and stop playing it altogether – that's when a brand new game will jump in and take over and become the next craze for parents to worry about!

So, the question is – Fortnite: Yes or No? Answer – Yes, but try to restrict your time on it and remember to spend time on school work and with your family.

FORTNITE OR PUBG?

By Cole Phillips

While PUBG remains the most popular game on steam by quite a wide margin, it's fallen a long way from where it was at the start of 2018 which coincides almost exactly with Fortnite: Battle Royale's meteoric rise

PUBG was the king of the world in January, where it broke every steam record there was with 3.2 million concurrent players. But since then, the game has been on a downward trajectory, losing about half of it's PC population in the months since. The game now gets about 1.5 million players during peak times on steam, and that is continuing to fall.

Fortnite, meanwhile, has been a juggernaut. For a while it seemed like both games would be content to grow simultaneously, but the last few months have shown that PUBG's loss is Fortnite's gain. While Epic Games (developers of Fortnite) does not release stats all that often, we last heard Fortnite had 40 million players. But that was months ago and well before its peak, not that we're sure the game has even peaked yet, and the latest figures are presumably much, much higher than that.

Stanley Wilkinson, aged 14, now has his opinion about which game is best and why, "I prefer Fortnite because it is free to play. There are two game modes: battle royale, the popular one, and save the world which is a zombie game. Most games people talk about have an in-game currency, used often to buy characters or to transfer them into gems, diamonds or rubies. Usually these in-game currencies cost real money while in Fortnite it's the same, but, if you buy the full game, Save The World, you get access to earn v-bucks by completing missions and quests. This is why I like Fortnite better than PUBG."

**PLAYERUNKNOWN'S
BATTLEGROUNDS**



Would you like to be involved
with this?



Or this?



If so then you should audition for the next production. Not only will it help you learn about the drama techniques it will be great fun!

Come and see Ms Dennis about the next production and all the details.

ARE YOU TO BLAME FOR THE RISING PLASTICS IN OUR SEAS?

By Hannah Donnelly, Isabelle Holdsworth and Isobel Hardaker

You may have seen a rise in news stories about the increasing amounts of plastics in our seas; we certainly have. David Attenborough brought this issue to the forefront of people's minds with a focus on plastics in an episode of Blue Planet on the 29th October 2017.

Sherburn High School students were inspired to create a campaign group called 'Ocean Rescue'. Bobby: "We conduct research, watch documentaries and discuss ways in which we can all try to help protect our oceans".

We also spoke to North Yorkshire County Council's Carbon Reduction Officer Peter Bell – also known as Power Down Pete. He has worked with schools for 9 years teaching students about the environment and how to make a good impact. "I hope that young people take away good habits and important knowledge into their everyday life as it's going to take future generations to solve the problems of the planet".

More than eight million tonnes of plastic is thrown away each year and washed out to sea. We need to use reusable bottles, cutlery and containers as well as paper straws. This is just one small way we can help our planet.



For more **BBC NEWS SCHOOL REPORTS** visit the Sherburn High School website.





By Evie Johnson

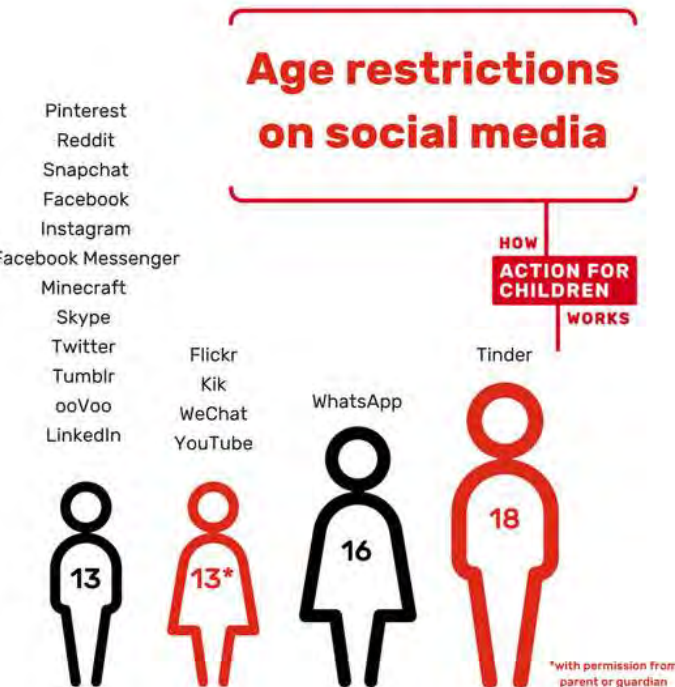
Children from the age of 11 are starting to become addicted to social media apps such as Instagram, Snapchat, Pinterest and Facebook.

WhatsApp has said that anyone who is under age will have their account deleted. Instagram has made the a similar statement and has already in enforced these rules. Anyone who is caught using their app who is under their agreed age limit will have their account terminated.

Some social media platforms ban you from the app if you're under age, but you won't get in trouble - all that will happen is that your account will be deleted and you are banned from using it.

We need to do our part too

But aside from the fact that social media companies are doing their part to keep us and our accounts safe, we need to do our part too. If you know you are under age for that account then you are putting yourself at risk, there are bad people in the world who would gladly steal your information. Are you willing to put yourself and perhaps your family at risk?



14th June 2018

Jessica Plummer

WISH YOU WERE HERE?



SHERBURN HIGH SCHOOL MAKE THEIR TRIPS UNFORGETTABLE, MAKING NEW FRIENDS AND VISITING NEW PLACES.

SHERBURN HIGH SCHOOL HAS A RANGE OF DIFFERENT SCHOOL TRIPS, AND IT'S NOT JUST FOR THE OLDER YEARS YOU CAN ENJOY THEM TOO. TRAVEL TO DIFFERENT COUNTRIES IN EUROPE INCLUDING: ITALY, FRANCE AND GERMANY.

LOVE SKIING? TRAVEL TO ITALY WITH SCHOOL. THIS IS FOR ALL STUDENTS APART FROM YEAR SEVENS DUE TO THAT THEY ARE A NEW ADDITION TO SHERBURN HIGH SCHOOL.



TRAVEL TO PARIS AND VISIT DISNEY LAND. GO SEE THE EIFFEL TOWER AND EXPLORE OTHER LANDMARKS.

BEWLY PARK IS A SCHOOL TRIP THAT IS RESERVED ONLY FOR THE YEAR SEVENS. DO LOTS OF ACTIVITIES AND TEST YOUR LIMITS.



The Greatest Show!

Chloe smith

Sherburn High presents **THE SHERBIES** a night never to be forgotten!

All houses will have an award ceremony to celebrate the great talents of Sherburn High School. (SHS)



BRAMHAM, HAREWOOD, LOTHERTON, NEWBY



The Sherbies in my opinion are filled with lots of joy and happiness. You feel like you have been recognised for your work and achievements! There is entertainment as well to bring your night alive a couple of hours to relax and make memories to last a lifetime!

A DAY IN THE LIFE OF A YEAR 7 STUDENT

By Leona Arundel

Hello, I'm Leona, I'm a Year 7 student at Sherburn High School and I'm going to tell you about a day in my life...

The Start

At 7.00 in the morning I get out of bed which takes about 15 minutes (I'm not morning person at all!). Then I look on Snapchat, have a quick shower and get dressed. Downstairs I say good morning to my parents and have cereal and juice for breakfast. Next I go back upstairs to clean my teeth, pull up my hair, a spray of fragrance and I'm finally ready to leave the house and meet my friends, ready to walk up to a long day at school.

At School

Before school, I catch up with a few friends under the covered way. When the bell rings we all head in different directions to our form rooms. In form if we don't have assembly I finish off my homework. Time goes quickly in form, so as we all walk in we soon walk out for our first lesson – for me, Maths.

I walk down to the maths block and get all my equipment out. Then the teacher talks to us about today's lesson and we complete the work that we've been set. DING! Period two is History, I walk down to Room 15 and do it all again. Next, is break where I usually rush to the hall to pre-order my lunch and go outside to socialise. When the bell rings again I walk to the food room to do a fun cooking lesson.

Lunchtime! I collect my food from the hall and sit down on the corner table with my mates. We talk, laugh and have a good time until the bell rings and I go to my fourth lesson, maths again! Then I walk to English – my last lesson of the day.

Home!

At the end of the day I speed-walk home to my tell my mum about my day. Then I go upstairs to my bedroom to fuss my beautiful cat and get my schoolwork out of the way. Usually I go on my phone for an hour to catch up on my social media and FaceTime a few of my friends. At 7pm I have my tea and wait for my dad to get home and we all sit down and watch the soaps. Before 10pm I slouch down in bed and watch a film and go on YouTube, then I hibernate for the next day.



TIME TO TALK THE TALK AND WALK THE WALK

By Libby Barraclough

Hello, my name is Libby and I am a year 7 student at Sherburn High School. Today, I am going to tell you about a day in my life!

Morning Sunshine

In the morning I wake up and look if I have any notifications on my phone. Then, I go downstairs for my breakfast. After that, I go upstairs, brush my teeth and go and get dressed. Then, I brush my hair, get my equipment ready, get my shoes on and go to school.

When I set off, if I have any money and time, I go to the shops for something to eat. After the shops, I get my earphones out of my bag with my phone and listen to music on the way to my friend's house. Finally, when I go and get my friend, we arrive at school. GREAT!

Form Time!

When I go to form, if I don't have an assembly, I try to finish off any homework that I have. Sometimes my form tutor puts something on the board and we have a discussion about it. Then, as the 9:00 bell goes, I head to my first lesson.

What does a typical day look like for a Sherburn High School student?

Alice Benfield reveals how a normal school day is spent in the UK.

One thing that I can say about a normal school day is that there is no typical day. Every day of school is a different day, but here is a taste of what my typical day is like for me at high school.

Rise and shine morning!

In the morning I get up at 7:30am, I look on my phone at all my social media and reply to notifications, then I rest in my bed for 5 minutes before my dad shouts me to go downstairs and eat my breakfast. After I have done that I go upstairs to get ready; brush my teeth, do my hair and makeup. Then I go back downstairs, put my shoes on and leave my house by 8:00am.

Walk to school

When I leave my house I meet my friends where we planned to meet at around 8:10am. If I have time and money I go to shops and buy food and drink. After we have been to the shops I go and get my other friends from their houses. Then we walk to school together talking about life and catching up on the latest news (mainly on social media).

Form time

When I get to school I head to the hall if I have time before the bell at 8:35am. When the bell goes we all head to form. In our form we usually read, debate, or do quizzes.

Lesson time

When the bell goes I go to my first lesson I get all my equipment out and listen to what the teacher says. When the next bell goes I quickly go to my next lesson. I repeat the steps from lesson 1. At 11:00am we all go to break and speak to our friends for 15 minutes.

Break time

At break time we go to the pizza queue or whichever queue we want (you don't have to) and get food or a drink. You get to catch up with all your friends and ALL the latest news at break for 15 minutes.

Period 3

This period I am more efficient because I have had time with friends and time to have a break. Next is lunch.

Lunch time

Now third period has finished we all go to lunch and line up in whatever queue we want depending what food we want. After we have eaten we can do whatever we want for 40 minutes. Towards the end we go get our bags and start going to next lesson when the bell goes.

4th and 5th period

After lunch we walk to lesson 4. Once we arrive at our lesson we get all our equipment out and follow instructions, when the next bell goes it means it is next lesson. Fifth period is the last lesson so we repeat the same steps as we did for period 4.

Home time

Once last lesson has finished I go back to the car park and get picked up by car. I go home check my phone and eat my tea.

Evening

In the evening I get in the bath, then get in my pyjamas and watch TV, scroll through my phone and talk to my family. At around 10pm I brush my teeth, wipe my makeup off, cleanse my face and chill out. I then put on my TV and phone and go on them for about half an hour.



Lessons!

I get to lesson at about one minute after the bell goes because I walk very fast. Then, when the teacher arrives and tells us what to do I get my equipment out and get on with the work that has been set. When this lesson is over, it is time for second period. Second period is exactly the same as first period but after this it is ... BREAK TIME!

Break Time!

At break time I rush to the hall but I don't run and I meet up with my friends and catch up if we haven't already. After that, we order our food and slowly but surely head to third period.

Third Period- I want my food!

Third period is a little different. This is because it starts at 11:15 and ends at 12:15. But it is exactly the same as first and second period but the funny thing is, is that now it is FINALLY LUNCH TIME!

Lunch Time – YAY!

As my belly is rumbling I try to hurry up to get into the queue. Finally I get my gorgeous tuna sandwich (which according to my dad is brain food). Then, I meet up with my friends, again, and eat my food. After that, we go outside and just walk around and socialise more. But now it's time to say goodbye, get my bag and head off to fourth period.

4th and 5th Period - then it's nearly home time!

Two more lessons to go, two more lessons until I can get home and rest (but that doesn't really happen a lot).

The **MORE** that you
READ, the more things
 you will **KNOW**.
 The **MORE** that you
Learn, the more places
 you'll **GO**.

Dr. Seuss

Students escape to new worlds through reading

By Isaac Grima

Some students are missing out on the opportunity to expand their vocabulary because they are not reading as much as they should.

Instead of words such as 'disappointed', 'heartbroken' and 'frustrated' they use words such as 'sad', 'angry' and 'happy'. The disappointing thing is that some students don't want to learn new words and don't feel they need to. A quote from one unnamed student is, "I don't like learning new words but I think other kids do. I think they're weird." It's clear to see that some people think that reading and expanding your vocabulary isn't important but you are more likely to have a successful job and career by using more ambitious vocabulary.

Social media is not encouraging children to expand their vocabulary either. Social media companies are more concerned with increasing the number of people downloading their apps. It is partially the fault of emojis as they are not specific enough and can be misinterpreted, for example a person may think you mean 'heart broken' when you mean 'disappointed'. However, there is still hope. Another student said, "I like learning new words everyday and I think other kids do too."

My advice? Read as much as you can. Explore new worlds and expand your own vocabulary with astonishing words.



22 YEAR MAN GONE

Arsene Wenger out and a new man in at Arsenal

By Joe Gilvier Shakespeare

The new manager of the North London club, Unai Emery, has been given just fifty million pounds to spend on the squad because of a much lower budget being issued for transfers in 2018.

Arsene Wenger, arguably the best manager Arsenal have ever had, wants to make sure, "he plays the Arsenal way of exciting football."

After being brought up in Colombia, Unai Emery moved to Europe and managed Paris Saint Germain until making his move to the Emirates stadium.

A retired 64 year old called Christine says, "I think they should give Unai Emery more than 50 million to spend because in this day and age that won't get you many players let alone any good ones. I've never heard of him either so I don't know if he is any good or not."

Regardless of how much he has to spend, his job, like all the other managers' in the Premier League, is going to be incredibly difficult next season.



SHERBURN HIGH DROP DOWN DAY

By Mrs Laurence's English class

I bet you're wondering what a drop down day is? Well, on June 13th students at Sherburn High School took part in a fun but educational day away from normal lessons where they learnt about careers and the world of work. They had a whole day to figure out how to build and race cars, make towers out of toothpicks, create a new shampoo and play the stock market.

The stocks and shares game in the morning was very popular. In the hall teams of students had to buy and sell shares of different companies wisely. Depending on the market their value would go up and down, but the aim was to create a profit. Each group was hoping to turn their £15,000 starting capital into a potential £30 trillion. With a grand total of £19 million Ellie, Ryan, Vinten, Ben and Arthur were the winning team!

After lunch students split into four different groups to try out career activities. The Bloodhound group designed and created a car powered by balloons. This was inspired by the world's fastest jet propelled car which can go up to a thousand miles an hour. Students felt very inspired, with Jacob Orr commenting, "It was fascinating to actually talk to the person who helped make the world's fastest car."

The RAF took charge of a second group. Focusing on team building exercises, the students' favourite challenge was racing wheelbarrows. They had to make a plastic wheelbarrow to hold a bucket with three balls. They also had to work together to get from one side of the tennis court to the other, using only four mats to hold ten people.

A third group of students made towers out of plasticine and tooth picks to test their engineering skills. They built the tallest towers possible towers. Then they tested them by putting a plastic cup on top, slowly adding money into the cup to see which would take the most. Millie Elsworth's group came third: "It was fun building and testing out the towers", she remarked.

The final group became shampoo experts with CRODA, a company who help decide what elements go into shampoo. They learnt about safety in the lab, then how to create their own shampoo using different ingredients.

Overall it was a very busy and fun day. Adam Allison added: "The trading game was fun. We all had a great day and learnt something new. Everyone enjoyed using their brains and doing some quick thinking." Fingers crossed the students at Sherburn High School get to have another fun drop down day soon!





Sherburn High School sports facilities





Sherburn High School's new multi-purpose 3g pitch is a new addition to the amazing facilities already located at the school. The first person to test out the new 3g pitch was the footballing legend Alan Shearer. He said himself that the new multipurpose pitch was one of the best places that he had ever played football. However, there are other uses for this pitch, such as cricket, rugby and running/relay.



Sherburn high school also has a state of the art gym that has a wide array of different gym equipment that all work on different areas of your body.



What happens if the oceans die?



"Humans are a plague on earth"
David Attenborough



We don't want to know so boycott single use plastic







Achievement for all

Why should you visit The Big Bang Club?

What we do and why you should come.

By Daisy Holgate

The Big Bang Club is an amazing club for year 7 and 8. I have gone every week and there is always lots of exciting new experiments.

Some of the things we have done so far are making microwave meringues and experimenting with dry ice. Towards the end of the year, we made hanging baskets, grew some plants and sold them to make some money for the Big Bang Club.



The Big Bang Club makes hanging baskets

During the year, we went on a trip to the Big Bang Fair in Birmingham.

Friday 8th June 2018

There were lots of activities to do and prizes to win. I really enjoyed this trip and seeing all the different experiments and joining in.

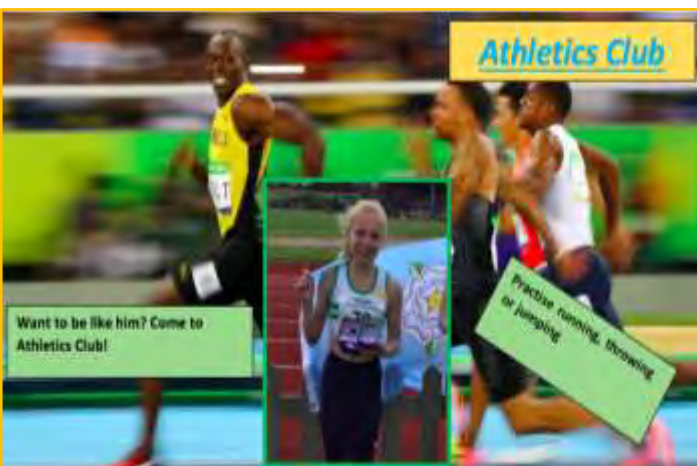


The Big Bang Fair

Matilda Mundy, a year 7, said, "I find the Big Bang Club very entertaining, educational and great fun!"

Another year 7 told me, "I love going to this club, and it gives you something to do at lunchtimes."

If you want to join the fun too, come to lab 7 on Wednesday at half past 12, and we'll see you there!



A DAY FOR EVERYONE!

By Libby Murphy

Everyone must think that you can only enjoy sports day if you're sporty, or if you win something, but at Sherburn High, sports day is a day where the school comes together and takes part in or watches sport (that's right, you don't have to run if you really don't want to).

Nerves

I was really nervous for sports day and I knew a lot of other people were nervous too. But my friends and I found it great as a team building day and it was a lot of fun participating in all the sports. I'm definitely not worried for sports day this year!

Activities

At Sherburn, you have a selection of sports to choose from...

Track - 100 metres, 200 metres, 400 metres, 800 metres, 1500 metres and relay.

Field - long jump, high jump, javelin, shotput, discus.

If any of these sound like anything you'd like or be good at, you should give it a go. Only a selection of students get to run on sports day, so if you want to, show your skills in PE!





By Emma Burnell

On Sunday 14th January 2018, *Burger King* ran out of burgers! The most horrifying nightmare anyone could have expected.

Just a day like any other... until the unimaginable happened, *Burger King* ran out of burgers! All of the customers were disappointed, and many claim that the fast food restaurant chain is no longer worthy of its title. A family of four, hungry and impatient, ran into *Burger King* only to find there were no burgers, only chips. Upset, and annoyed, they left without a bite to eat.

The most terrible incident took place at the *Burger King* close to Junction 32. An eyewitness says, "It's unbelievable! If they don't even have burgers then they should close down." Could this be the end of *Burger King*? Who knows? The manager of *Burger King* did not even order more burgers from their usual supplier, the employees couldn't even get one. Many customers were filled with rage and left with empty stomachs. Another eyewitness said, "they could have just ordered more burgers! I'm giving them a bad review."

A sad day for all when a place called *Burger king* only sold chips!



SCHOOL FRIENDS

By Elizabeth Varley

Recently, relationships between three friends were tested across a period of one week. Here's what happened:

Day 1

The three friends had a heated argument, two agreed that one gets a little angry at times, but they were mature enough and sensibly made it through the school day.

Day 2

All three had slept on it and all wanted to be friends again but didn't want to be the first to say so and start another war of words.

Day 3

The friends begin talking to each other and although it's not quite the same as it was and, at times, a little bit awkward, they agree to be friends again.

Day 4

It's just like old times.

Day 5

They've completely forgotten what they were arguing about.

i will never
forget my
highschool
friends

Chloe Comments...

This also happened at McDonalds too. Apparently the delivery truck got lost and they couldn't find it. Beth Blythe asked her boyfriend to get her a burger and when he got there – they had ran out of them. Beth was incredibly disappointed, as were a lot of other customers that day. Beth says, "I am very disappointed with McDonalds because they are very disorganised." Apparently, the delivery van showed up three weeks later.



By Isobel Hardaker

Have you ever wondered what a Year 7 student's typical day looked like? Well I will tell you for one, it's quite stressful.

Morning has come - Unfortunately

I will confess the hour of 6am is a struggle, the time in which my alarm goes off and my mum shouts, "Izz, Izz, IZZZ!". Then I start to wake – unfortunately - and then I get dressed into the typical school uniform I always wear.

Yum-yum

OMG, I can't even describe the amazing taste of a warm pain au chocolat on a morning, although, with the rush I'm always in, I hardly get to appreciate the taste.

Lessons

Everyday I have lessons - everyone does because, if not, it wouldn't be learning anything. First, I had maths which is great. Next I have MFL, which I love because I find learning different languages interesting.

Pizza time

Time for a break - not everyday, but most days, I get a pepperoni pizza to ease my hunger. After break I did DT and Food Tech. Once I made vegetable stir fry and, surprisingly, it turned out well.

Dinner

At dinner I decided to have a lovely tasting jacket potato with tuna mayonnaise with a coco-pops cake and a drink of orange juice, it was lovely. After dinner I have two more lessons – Maths and English! (yay).

Trampoline- SOOOO fun

When I get home from school, I get changed into some more comfy clothes and go on our recently bought trampoline to practice some of my flips and tricks, part way through my friend comes and joins in too.

Tea Time- YASSS

At about 6pm I have my tea, that day I had Chinese- I had chicken chow mein, it was lovely. For pudding I decided to have a melt in the middle pud.

Youth Club- Mates Time

At 6:30pm I go to Youth Club where you go to the village hall and you hang out with your friends. There is also; a tuck shop, Xbox, stage, music and sometimes a sumo set and a football. There is a park over the road as well which we are allowed in. It's 50p to get in but I bring £2.00 so I have £1.50 for the tuck shop.

Netflix binge and TV

From 8:00-9:30 I watch my favourite shows. From 8:00-8:15, I watch PLL (Pretty Little Liars) from 8:15-9:00 I watch Made in Chelsea and then from 9:00-9:30 I watch Hollyoaks.

Bed and YouTube

After my daily binge, I will then go to my bed, get my pyjamas on and go on my phone and watch; THE INGHAM FAMILY, ANASATSIA KINGSWORTH, SAFFRON BARKER, SUMMER XOX and SAV & COLE. I then go to sleep whilst watching The Royal Family (a comedy series not the queen on the TV. Goodnight everyone!

'CUT THE SCHOOL DAY' SAYS THERESA MAY



By Isobel Spink

Every student hates the long school days and short holidays. Well now it is all about to change! ☺

Recently, our prime minister, Theresa May, decided that school days will become shorter. This was decided on Sunday 3rd June 2018, and will start on Monday 11th June 2018. Theresa May said that this is happening because she remembers how long the school days were and didn't want children today to suffer the same fate as her. The school days will now start at 9:30am and finish at 2:00pm but children can stay longer if they wish. 11 year olds and under must supervised.

Theresa May said, "I think it is only fair if we let children have lots of time at home, but a bit of time at school as well." A parent of two children said, "This is outrageous! Every time my children went to school I went to work! I go to work at 8:30am and come home at 2:30pm! No one will be able to look after the children."

A teacher commented, "This is really bad. We won't be able to fit all of the children's work into one day."

Finally, a child said to us, "This is **GREAT!** This is the moment I have always been dreaming of! Finally, I can spend more time at home doing what I want instead of doing work all day at school."

As well as school days getting shorter, the holidays at Easter and Christmas are getting longer. They will both now be four weeks long instead of two weeks. We hope you all enjoy the new changes. ☺

FAKE
NEWS

TEACHER STRUGGLES TO GET A GRIP

By Hannah Donnelly

A teacher at Sherburn High School struggled to get a grip recently – of a door handle!

In room 12 at Sherburn High School, as the Year 7 students lined up for their Stars lesson, something hilarious happened to Design and Technology teacher, Miss Howe. Miss Howe asked students to line up outside the class because the door to her classroom wouldn't open. Not being able to let the students in led to giggles from some, it seemed hilarious to some Year 7 students but not for Miss Howe.

At first Miss Howe thought it was her key that was the problem, even though everyone else could see it was because the door handle was falling off. In the meantime Mr Ralphs was walking down the corridor and because she thought it was the fault of her key, she politely asked Mr Ralphs for his.

Mr Ralphs tried his key in the door. It too, didn't work (because it wasn't the fault of the key). They both came to realise that the problem was because the door handle falling off the door. Very quickly they decided upon a change of plan and moved the lesson to room 11 instead.

Matilda Nesbitt was at the scene, "I just thought it was funny, especially because other students were making unnecessary suggestions."

Now, when students walk past room 12 they can see that the door handle has been screwed back on and people can now get in the room once again. Next lesson students will be back in room 12 and will probably forget all about the falling handle!



WALMART YODEL STAR

By Gabriel Frisicario

April 2nd 2018 a video titled, *Walmart Yodelling Kid* was uploaded onto the massively popular video sharing platform known as YouTube, on the channel, ViralHog.

The video was of a child named Mason Ramsey yodelling a song by Hank Williams in Walmart, Harrisburg, Illinois. The song was called *Lovesick Blues*. There was no known reason as to why he did start and the video has now attracted millions of views and Mason will be known as a legend in internet history forever.

After the video blew up on the internet, Mason took advantage and released his first single *Famous*. He now has a real chance of becoming a musician and says, "I was only havin' some fun." A Twitter user tweeted, "is that Woody?" referring to the protagonist cowboy character from the movie *Toy Story*.

The boy is a baller

Something quite surprising about the boy is that he is a *baller*, which is a slang term for a basket ball player. Shifting his social media success to Instagram, a video of Mason 'shooting hoops' was uploaded. Ironically, whilst playing this energy draining sport, he still wore the blue button up shirt and jeans but he switched his cowboy boots for a pair of red trainers.

Towards the end of the video, Mason dawdled around 'yodelling' as the other kids ran around the hall.

His success led to him appearing on the Ellen DeGeneres Show and he also found himself on stage at the Grand Ole Opry and signing a record deal in Nashville.

NO FINGER LICKIN', THEY'VE RUN OUT OF CHICKEN

By Taylor Jeffries

In the first two weeks of April this year the suppliers for Kentucky Fried Chicken, DHL, had a massive struggle with getting the food from their suppliers to the fast food chain. Many of KFC's nine-hundred stores across the UK were either shut or had a long list on display of how much of their usual menu was not available to purchase.

It is thought the reason behind the upset is due to Head Office switching to a new supplier. A spokesperson said, "they had a number of teething problems" and they posted updates on their Twitter account.



*It's
finger lickin'
good*

Another spokesperson for the fast food chain said, "575 of KFC's nearly nine-hundred stores were closed due to the shortage." It was not immediately clear just how long the chicken shortage would last, but KFC said that it expected some stores to remain closed for a further week.

A worker from DHL said, "Each day more deliveries are being made however, we expect the disruption to some restaurants to continue over the remainder of the week, meaning some will be closed and others operating with a reduced menu or shortened hours."



SHERBURN HIGH MULTI-SPORT SCHOOL

By Mylo Hill and Will Sanders

Sherburn High School are great at multiple sports including football, rugby and cricket. The year 7 students love getting involved in all the different sports and the school has plenty of teams. They are all having lots of fun and hopefully will start collecting some trophies in the near future.

Sherburn High School's newest rugby players have helped make the team better than ever.

New players including Will Sanders, Joel Connor, Jak Green, Prash Veeresamy, Joe Pearson, Vinnie Ward, Ashton Crawshaw, Brandon Lovell, Alfie Mallet and Charlie Cordwell have helped our new team to win more matches. Even though they are great players there is still plenty room for improvement and they hope to get more wins soon. They also hope for some more players for subs.

The recent year 7 cricket team started off their first game well by winning Fulford School and getting a few wickets along the way. Their second match was not as successful and unfortunately they got knocked out of the cup. They still got a few wickets so they need to keep their heads up and work on their batting and they'll get there.

Even the people that aren't doing the out of school sports are still getting involved in PE and some hope to do some of the sports day events. Sports Day is coming up shortly and as an activity that gets everyone out and taking part, we might just find some new talent out on the track too!

SHS IS A GOOD SCHOOL

Our reporter went to look around Sherburn High School to see if the school is the best for children to go to.

By Amy-Jo Cobb

Each year, there is the fuss about which high schools are the best for new students to go to. Sherburn High School ensures that children get a top education from the top teachers. There are a number of subjects to learn about including Performing Arts, Design Technology and Art among others.

The teachers also make sure that the 5 hours of learning each day is enjoyable for the children (and themselves). One of the mottos in the English department is "if it is not perfect, it is not finished."

Kirsty Westerman-Freer, a parent, stated that she is happy for her children to go to Sherburn High School and they get really good education. The school has a Good OFSTED report.



KUMBUKA GOES CRAZY!

By Carys Oeppen and Isobelle Holdsworth

In October 2016 an 18 year old silverback gorilla called Kumbuka, escaped from his enclosure at London Zoo and stole a bottle of blackcurrant juice.

He thought it was his lucky day as both doors to his enclosure were unlocked and he managed to escape by just pushing them open. It is thought that the male gorilla escaped from his enclosure and drank five litres of diluted blackcurrant juice. His keeper spotted an opportunity to shoot him with a tranquiliser dart and transported him back to his enclosure. Despite the animal's security breach, Professor David Field said, "the whole affair was less dramatic than some would have you believe."

Visitors were not in danger

The visitors of London Zoo that day were overreacting as at no point were they in danger from the silverback gorilla. Their statements of the occasion were completely irrelevant to the matter. There were no injuries and everything was under control. Professor Field added, "I can certainly tell you there were no broken locks, Kumbuka did not smash any windows, he was never on the loose." Kumbuka only ever went into the zookeeper's area and was kept calm by a keeper who had a close bond with him.



NEW SHS CLUB PROVING POPULAR

By Amber Tasker

Do you want to know how to run, jump and throw like an Olympian? Then, you're in luck because Sherburn High has a variety of professional equipment to practise your skills.

If you're new to the sport, don't worry! It's not just for talented youths – it's for novices too. Anyway, you can learn with your PE teacher as well as extra-curricular (the club itself). All the PE teachers, during school and not, are very supportive and give you constructive criticism.

First of all, running is on the massive field with white lines to mark each of the six running tracks. You can use quick bursts of energy in sprinting or keep a slow run/ fast jog for long distance. If you want, come with friends and run in relay together. You have the option of 100m, 200m, 400m, 800m or 1,500m.

Next, you can learn to throw shotput or javelin. Along with the other activities, it has good-quality, proper equipment and good coaches to go along with it. Going from outside sports to indoor, high and long jump are also available after school at 3pm-4:30pm on a Wednesday (the same for any athletics activity chosen).

Finally, whether you know what sport you like or you're ready to compete, come down to enjoy sports!



The average school day

Every day we go to form and do tasks and fun, every week we have a house assembly and we learn about important issues of everyday life and how feel good, stay healthy and be safe.

Every now and then we have sports days and drop down days where sports and activities take over, letting you miss some lessons!

Then we go at nine o'clock to period 1 lessons until ten o'clock. Then period 2 starts at ten and ends at eleven o'clock. Break from 2 much learning, period 2 that is. This lasts fifteen minutes, enough time to get a bite to eat - from the canteen by the way, if you go to maths they'll only feed you pi.

Then at quarter past eleven period 3 starts. It finishes at 12:15 for us but in transition you guys go in early, go early to the best, awesome, and legendary lunch time!!! For year 6s it lasts almost an hour, ending at 12:55.

At lunch time lots of food is available, lots of clubs are available and friends + happiness = fun.



Then period 4 begins, giving you time for your lunch to go down. It finishes at two o'clock, if you have a Friday five for good behaviour and, as in the name, its 5th period on Friday you go to collect sweets from the head teacher's office. At Three o'clock School and period 5 ends.



In lessons we do get homework but as long as you have it under control you'll not get in trouble. We have the best test results you can hope for if you revise as told.

Every year we will have an end of year test for the core subjects, we revise everything we have learnt over the year, and practice for over a week or two.

Rules

Don't forget any equipment though, how else would crack down on those hard sums without a calculator? You might get a back to basics tick.

C1 – warning

C2 – lunchtime detention

C3 – after school detention

C4 – a whole day by yourself in isolation that carries on until after school.

Good luck at High School!

HATE YOUR PRIMARY SCHOOL'S DINNERS?

You're not alone – everyone does!

By Timothy Collier

Yes they are absolutely horrible – I hate them, you hate them, we all hate them.

I feel your pain, having spent 5 years eating them I had had enough. Luckily I moved to high school and got to eat theirs. From Paninis to Mac 'n' Cheese to tray bakes and drinks, you'll love them, your life problems will be gone in a flash. Basically there are three queues: Panini queue – sells Paninis and curries, sandwich queue – sells sandwiches and salads, hot food queue – sells pasta and a range of different hot foods. Also all of the queues sell deserts and drinks for your enjoyment. Plus at break time and before school there is pizza and a selection of breakfast items.

Yes I know it is not a posh French restaurant but the food is still nice. And about 999,999,999,999,999,999,999,999,999 times better than at primary.

If you came to the open day you might have tasted some then. Your life will never be the same again. You will now be able to enjoy lunch like you're supposed to. Joshua Lazenby, a year 8 student said, "My favourite school dinner is the curry you get from the Panini line."

Enjoy the food that isn't restaurant quality but is way, way, way better than every primary school in the whole country added together times by infinity to the power of infinity. Now you may not believe me but it truly is better than at primary school.

Now is the time to break away from the disgusting hell of primary school dinners and come to high school to enjoy life a little bit more. To find out what is on the menu at the hot food queue every week, go to the school website, to 'students' and then 'meals.'

BRING HOME THE TROPHY

By Joseph Pearson

This tournament is spectacular. It has all the thrills of rugby league and you don't have to play full pitch or kick; it's just get the tries home.

I found that it's great for starters as it isn't as intense as other tournaments that schools play, but for people who know what they are doing it's a great place to show off your skills.

You will (as I did) travel to numerous schools in the Leeds area, play tournaments every 3 weeks, and play against most teams in the area for example; Brigshaw, Corpus Christi and many more.

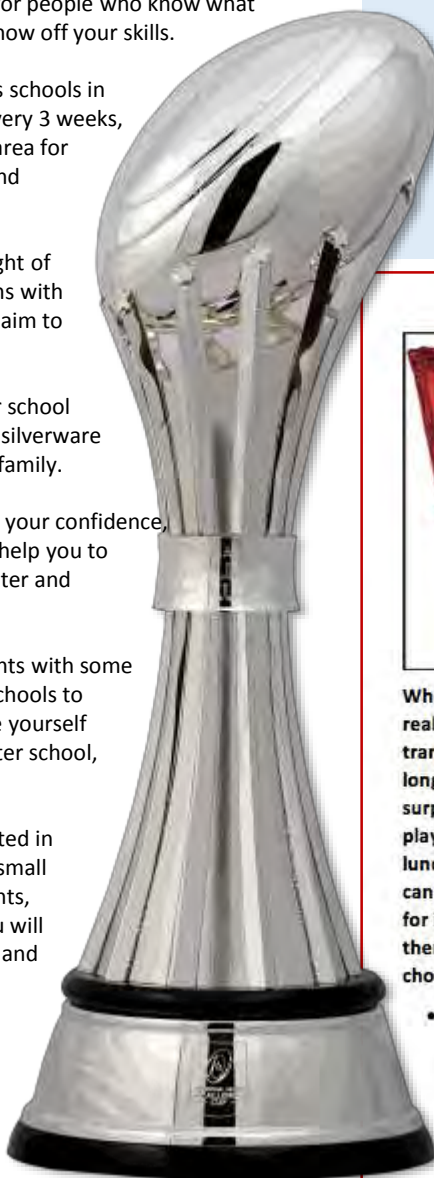
From my experience, on the final night of the tournament you play other teams with the same points as yours, to make claim to the trophy and win the tournament.

If you win, you get a medal and your school gets a trophy so you have a piece of silverware to take home and show friends and family.

I believe this tournament will; boost your confidence, get your school recognition up, and help you to get your name in the school newsletter and around school.

As I did, you will start the tournaments with some pre-match friendlies against other schools to practise in your team and familiarise yourself with the game. You will also train after school, before the start of the tournaments.

When I played, the tournament started in April. Firstly, you will start by doing small tournaments to determine your points, then after about 5 tournaments, you will play in the final against teams to try and win the trophy.



AMAZING ART!



By Daisy Holgate

Art is my favourite subject at Sherburn High School. I enjoy it so much because it allows you to be creative in your work. It's really fun to design and make your own ideas.

Over the school year in year 7, you will rotate between Food Technology, Art, Product Design, and Textiles. My favourite is Product Design because you get to choose what you want to do, how you want to do it and what materials you will use.

Some of the things we have done this year are designing African masks (in art), making glove puppets (in textiles), and creating our own mini beast toys in product design.

A year 7 student quoted "My favourite thing about art and DT is seeing your own design and then making it yourself. Everyone is given the same instructions but all the mini beasts are different."

I think art is great for people like me, who like to be creative, colourful and sometimes a little bit crazy!

Clubs Hit Sherburn High



When I first came to sherburn I realised especially during transition that 45minutes is a long time to have lunch and as surprising as it would sound playing on your phone all lunch gets boring, so the clubs can help. Picking the right club for is fairly easy too because there are so many of them to choose. My favourites include:

- The Sherburn ocean rescue - a club that focuses on ridding the oceans of plastic after being inspired by David Attenborough's Blue Planet.

- The Big Bang club - The reason science is cool. At the Big Bang you do extra-curricular experiments and learn in the process.
- Into film - cinemas, everyone loves them, what a shame there isn't one at school. But there is. Vote for films and watch them.
- IT - go on the game making programme Kodu and just make away lunch is allowed on premises.

These all pass the time nicely and it's free to enjoy them all so come along.

CLASSY CAS STRIKE AGAIN



By Joel Connor

A weekend to remember!

Castleford sent a message to the super league as they swept the floor with Leeds at the Dacia magic weekend with only half a team out due to injuries. Their younger skilful players seemed to shine with Foster getting Man of the Match and Trueman kicking well.

Leeds were hammered by the Tigers 38 – 10. The result meant the Tigers went 3 points ahead of Leeds with a game in hand. Leeds dropped the ball and Castleford took advantage playing well and scoring tries.



OBESSE CITY

Obesity is a big problem for people in the UK and all over the world.

By Joe Powell

The worrying increasing rate of obese children in the UK means the country has to take a stand on the growing problem of obesity.

One local resident of a village near Leeds, called Vicky, said, “obesity is a big part of my life and it has been since I was little, it worries me that as I get older I might get Type 2 diabetes or suffer heart problems.”

This is a problem in modern society and needs addressing. We need to eat healthier and exercise more as worldwide obesity has nearly doubled since 1980.

The most common causes of obesity are overeating and physical inactivity. Ultimately, body weight is the result of genetics, metabolism, environment, behaviour, and culture. A person is more likely to develop obesity if one or both parents are obese.

Obesity is a huge problem but most governments have not taken any action to support overeating. Some fast food restaurants are going to close by 2020 and this might come as a shock to many people but this is the first action the government has taken in the global fight against obesity.

